

MINUTES

DAVIDSON COUNTY BOARD OF HEALTH

January 8, 2013
12:30 p.m.

BOARD MEMBERS PRESENT

Ms. Becky Daley
Dr. Rick Gilliam
Ms. Alice Gray, Vice Chair
Dr. Mark Hamrick, Chair
Mr. Rod Kcuik
Dr. Michael Lanning
Rev. Lamar Moore
Mr. Keith Raulston
Dr. Cathy Riggan
Commissioner Don Truell

STAFF PRESENT

Janie Ange
Darren Cecil
Mary Lou Collett
Jen Hames
Barbara Hedrick
Nancy Rosier
Nancy Stout
Monecia Thomas

VISITORS PRESENT

WELCOME

Dr. Mark Hamrick called the meeting to order, established a quorum, and welcomed everyone to the first meeting of the year with Ms. Monecia Thomas as the new Health Director. Dr. Hamrick explained as an order of business the Board of Health Bylaws requires the election of a Chair and Vice Chair at the January meeting.

ELECTION of CHAIR and VICE CHAIR

Dr. Hamrick opened the floor for nominations for the Board Chair and Vice Chair for calendar year 2013.

MOTION

Rev. Lamar Moore made a motion to retain Dr. Mark Hamrick as Chair and Ms. Alice Gray as Vice Chair for the year 2013. No other nominations were made. Mr. Rod Kcuik seconded. Dr. Hamrick was unanimously elected Board Chair for 2013 and Ms. Gray was unanimously elected as Board Vice Chair for 2013. The motion was approved without dissent.

MEETING AGENDA and CONSENT AGENDA

Dr. Hamrick asked for approval of the items on the agenda and the consent agenda.

MOTION

Dr. Cathy Riggan made the motion to approve the items on the meeting agenda and the consent agenda as presented. Dr. Michael Lanning seconded and the motion was approved without dissent.

HEALTH DIRECTOR'S REPORT

Ms. Thomas stated this was her first Health Director's report and she would provide a verbal update. For future meetings she will have a written report as well.

- Ms. Thomas introduced Ms. Nancy Stout as the new Quality Improvement Coordinator. Ms. Thomas explained that Ms. Barbara Jones resigned and left "big shoes to fill" after being at the health department for thirty-nine years. Ms. Jones had an immense amount of knowledge and organizational history. But, we are pleased that Ms. Nancy Stout has "jumped right in". Ms. Stout was asked to introduce herself. The Board should note that Ms. Stout and other members of the Executive Team will attend the Board of Health meetings.

Ms. Stout explained that she has met several of the Board members previously when she completed a presentation on the integration of clinical services. Ms. Stout became interested in Quality Improvement during her work on clinical projects. Ms. Stout has been with the health department for twenty-one years and has served as Chair of the Records Committee. She is excited about gaining the knowledge needed for her position and looks forward to working with everyone. Ms. Stout will lead the quality improvement, quality assurance and re-accreditation processes.

- Ms. Thomas presented a brief update on the DCHD Strategic Plan and the goals that were due December 2012. Completed goals are:
 1. Hire mid-lever provider – Ms. Lakasha Carter, an alumna from Winston Salem State University
 2. Implement QI Council- Ms. Nancy Stout and the Quality Improvement Council will be holding their first meeting in January.
 3. Maintain up-to-date social media sites- DCHD has a Facebook account and the members of the Executive Team send updates to the IT Coordinator to make changes to the account as needed. The Coordinator is also responsible for checking the site to ensure that the information is current.
 4. Assess staff IT needs and offer monthly training sessions – All staff have access to email and computer programs. But, some may not know how to fully utilize the programs. Ms. Stout will check with staff and work with the IT Coordinator to brief staff on IT concerns and issues.

Ms. Thomas explained that implementation of an electronic pharmacy log is the only goal in the strategic plan to be met by January 2013. Ms. Mary Lou Collett is working with the pharmacist to implement. Ms. Collett stated that the electronic pharmacy log is finished, but she was hoping to implement an Electronic Medical Records (EMR) program first. For now, we may decide to implement the pharmacy log and hopefully move towards an EMR later this year.

- Ms. Thomas shared information from the Public Health Policy meeting that she attended with Commissioners Don Truell and Fred McClure. The Public Health Policy meeting was sponsored by the Guilford County Health Department, United Healthcare and the Greensboro Chamber of Commerce. Ms. Thomas distributed handouts from the meeting and mentioned that the State Health Director, Dr. Laura Gerald, presented, as well as Dr. Meg Molloy, the President and CEO of NC Prevention Partners. Boards of Health members, Commissioners and other local and state officials were all invited to this meeting. A lot of the topics came from the NC Prevention Report Card which was distributed to the Board. One topic that was highlighted at the meeting was how important collaboration and partnerships are and the fact that in North Carolina there are many issues that we need to address and one agency cannot possible do it all. Dr. Molloy's presentation focused on what is referred to as the Big Three:
 1. Tobacco use
 2. Poor nutrition
 3. Physical inactivity

These three items lead to 2/3 of preventable illnesses and deaths. NC Prevention Partners has sent Davidson County Health Department an invitation to become one of their organizational partners. Ms. Thomas is considering becoming a partner because they have good connections with school systems, health departments, hospitals and the business community. Also Dr. Gerald shared public health achievements such as vaccinations, a decrease in motor vehicle accidents, and initiatives for healthier mothers and babies. Overall it was a very good meeting and it presented a lot of positives about public health.

- Staff Updates – Ms. Nancy Stout is a new member of the Executive Team. Two recent resignations: Vence Dodge, an Environmental Program Specialist, resigned December 31st to take a position in Pender County and Retta Vestal in Management Support resigned. These positions have been posted.
- Ms. Thomas shared a recent contract issue. The health department and the county have a contract with Rosario for interpreter services. For their protection, one of Rosario’s contract stipulations states that a fee will be charged if you hire one of their employees. WIC’s Nutritionist II position was offered to one of the current interpreters. We contacted Mike Newby, the county attorney assigned to the health department, and Rosario. Rosario was open to making an exception and they were pleased that a staff member was being offered a full-time position in her field. Rosario made an amendment to the contract. Mike Newby reviewed the amendment, made a slight change and we were able to get the amendment signed. The new staff member started on January 14.
- Ms. Thomas mentioned that the Accreditation Site Visitors’ Report is in the Board packet and previously Mr. Darren Cecil and Ms. Barbara Jones had alluded to Davidson County Health Department being recommended for accreditation. It became official in December. Mr. Cecil presented to the NC Local Health Department Accreditation Board on behalf of the health department. Of the 148 activities, DCHD passed 146 of these activities. The two activities that were missed were Activity 7.4 in reference to the preparedness and response plan being available to all staff and Activity 30.9 about the tobacco signage at Davidson Medical Ministries. Ms. Thomas hoped that this governing body would read the Strengths and General Observations section of the report. The staff should be commended for their hard work and successful completion of the Re-Accreditation process.

The Accreditation Site Visit Team also shared “Suggestions for Quality Improvement”. Ms. Thomas pointed out that on Activity 7.2, Ms. Jones and Ms. Stout felt that overall this was being done and the site team may have had a slight misunderstanding about Standing Orders. There was one suggestion for Activity 15.1 about a multi-year strategic plan and that is something we may consider when it is time to review our strategic plan later on in the year. Activity 21.1 mentions having a resource list in Spanish. The DCHD has an interpreter on staff, so we can easily provide the resource list in Spanish. Activity 30 involves signage needed in English and Spanish. Activity 30.10 encourages the local health department to follow through with efforts to adopt a tobacco ban for all government buildings in the county. For Activity 31.1, the staff is to be commended for having many policies and information accessible to all staff on the intranet. But, we do recognize the need for it to be better organized and some security measures need to be in place for documents that should be “Read Only.”

Ms. Thomas distributed copies of the 2011 Child Health Report County Data Card to share the statistics for the population (including demographics and poverty rates). The health department’s CC4C (Care Coordination for Children) and PCM (Pregnancy Care Management) programs have an impact on children. Typically, the death and injuries sections (Motor Vehicle Accidents, Drownings, Suicides, etc.) are shared with the county Child Fatality Prevention Team. These teams have representatives from other county agencies, such as Social Services and Emergency Medical Services so everyone can collaborate about the deaths of children and how to prevent injuries.

Ms. Thomas reported at the end of each monthly health directors’ meeting, the Association of North Carolina Boards of Health (ANCBH) presents a short verbal report and distributes an update to be shared with the Board of Health. Highlights include: The former President of ANCBH is now the

President of NALBOH (National Association of Local Boards of Health). North Carolina has a very good reputation for public health across the country.

Ms. Collett provided a flu update. She stated that the health department is still administering the flu vaccine. After the news broadcast about the recent flu deaths, the health department saw an increase in clients requesting the flu vaccine. There was a walk-in clinic on December 19th. Dr. Riggan mentioned that her office is still giving the vaccine. Ms. Collett stated that the last report she received in December reported the highest level of flu cases in the past decade in North Carolina and 12 deaths as of December 8th.

Ms. Collett shared updates on Integrated Clinical Services and she stated that the new initiative is going well. A mid-level provider position and a lab manager position were filled recently, which enables Family Planning services to be expanded through Thursdays. Fridays will be added in the near future.

North Carolina State University served as the facilitator for the DCHD Clinic Kaizen Event that focused on Family Planning. The Kaizen event was intense, but it was a good learning experience. Staff time was decreased by 14 minutes and the results were a cost savings of \$8,300.

Commissioner Truell asked if anything was being done about a health department satellite location in Thomasville. Ms. Collett replied that we have not considered this recently. Ms. Thomas asked for an explanation as to why the satellite office closed several years ago. Ms. Hedrick mentioned that from 1990 – 2003, the WIC staff staffed an office in Thomasville. Participation was low. 2/3 of the clients came to the Lexington office. The State WIC Consultant recommended that since there were only 9 miles between the 2 facilities, the WIC office needed to close the Thomasville site. Commissioner Truell noted that some clients do not have a car to travel the 9 miles. Dr. Riggan asked about the Bull Dog transportation to the Lexington site. Dr. Hamrick stated that the transportation change may have addressed the issue of having a satellite location. Several staff members mentioned that staff in Thomasville were not fully utilized.

OLD BUSINESS

- **Dental Clinic**

Ms. Thomas stated that Mr. Cecil did a great job of sharing past dental information. The dental clinic issue was mentioned at the September Board of Health meeting. Davidson Medical Ministries had proposed maintaining the current dental clinic site in addition to East Carolina University (ECU) having a dental clinic. In November, Davidson Medical Ministries attended the Board of Health meeting and they may have anticipated a dental clinic decision. Ms. Thomas mentioned that her predecessor had completed a lot of work with ECU, the Community College and Davidson Medical Ministries. Ms. Thomas has had a conversation with Dr. Scholtz, Director of Community Outreach programs for ECU. Dr. Scholtz said that they are still anxious to come to Davidson County and they are able to handle the current dental clinic's capacity and more. Ms. Thomas visited Davidson Medical Ministries and was very impressed by what they had to offer in terms of clinical services. The current dental clinic operates with contract dental staff, so the numbers have decreased from when one dentist was providing services. Ms. Thomas has spoken with Mr. Robert Powell with Fuquay Solutions, the third party agency that is helping to coordinate ECU's learning centers. Mr. Powell mentioned they are fully able to handle the dental capacity with dental students, residents and fulltime staff that include dental assistants and hygienists. After several one-on-one conversations, it was realized that a meeting was needed to gather all stakeholders to share information about moving forward.

NEW BUSINESS

• **Appointment of Committees**

Dr. Hamrick reviewed the list of committees and current members. Dr. Hamrick clarified the Sub Committees for 2013 are as follows:

<u>Budget</u>	<u>By Laws</u>	<u>Evaluation</u>	<u>EH</u>	<u>General Services</u>
Dr. Michael Lanning	Dr. Cathy Riggan	Dr. Mark Hamrick	Ms. Alice Gray	Dr. Cathy Riggan
Com. Don Truell	Dr. Rick Gilliam	Mr. Corey Buggs	Dr. Mark Hamrick	Rev. Lamar Moore
Mr. Corey Buggs	Dr. Mark Hamrick	Dr. Rick Gilliam	Mr. Keith Raulston	Ms. Alice Gray
Dr. Mark Hamrick	Rev. Lamar Moore	Com. Don Truell	Mr. Rod Kcuik	Ms. Becky Daley

There were no recommended changes to the Committees.

• **Board of Health Meeting 2013 Calendar**

Dr. Hamrick asked for any other suggestions or changes on the Board of Health meeting dates for 2013. None were made.

MOTION

Dr. Cathy Riggan made a motion to accept the 2013 Board of Health Meeting Calendar as proposed. Mr. Keith Raulston seconded and the motion was approved without dissent.

• **Community Health Assessment - Jen Hames**

Ms. Hames presented the results of the 2012 Community Health Assessment. The powerpoint highlighted the Davidson County Top Ten Health Priorities:

- **Heart Disease** – Healthy NC 2020 Targets:
 - Goal: Reduce cardiovascular disease mortality rate to 161.5 per 100,000 - Davidson County 263.9 per 100,000
- **Obesity** – Healthy NC 2020 Targets:
 - Goal: 60.6% of adults get recommended amount of physical activity - Davidson County 45.5%
 - Goal: 29.3% of adults consume 5+ servings of fruits and vegetables - Davidson County 18.4%
 - Goal: Increase the percentage of adults who are neither overweight nor obese to 38.1% - Davidson County 33.1%.
 - Davidson County reported 14.7% of low-income obese children.
 - Davidson County reported 8.5% of adults with diabetes.
- **Tobacco Use** - Healthy NC 2020 Targets:
 - Goal: Decrease percentage of adult smokers to 13% - Davidson County 29.6%.
 - Goal: No secondhand smoke exposure in the workplace - Davidson County 13.8%.
 - Goal: Reduce percentage of women who smoke during pregnancy to 6.8% - Davidson County 16.4%.
 - Davidson County reported 700.8 per 100,000 COPD disease admission rate.
 - Davidson County reported 89.8 per 100,000 lung/bronchus cancer rate.
- **Drug and Alcohol Abuse** - Healthy NC 2020 Targets:
 - Goal: Reduce traffic crashes that are alcohol related to 4.7%
 - Davidson County reported 6% alcohol related
 - Davidson County reported 13.5% individuals who report binge drinking
- **Mental Health** - Healthy NC 2020 Targets:
 - Goal: Reduce suicide rate to 8.3 per 100,000. Davidson County 13 per 100,000
 - Goal: Decrease average number of poor mental health days to 2.8 in past 30 days - Davidson County 5.1 in the past 30 days
 - Davidson County reported 23.9 persons served in mental health programs per 1,000 people

- **Oral Health** – Healthy NC 2020 Targets:
 - Goal: Increase percentage of children age 1-5 enrolled in Medicaid who received dental services in past year to 56.4% - Davidson County 50.9%
 - Goal: Decrease the average of decayed, missing, or filled teeth among kindergarteners to 1.1 - Davidson County 1.83
 - Goal: Decrease the percentage of adults who have had permanent teeth removed due to tooth decay or gum disease to 38.4% - Davidson County 49%
- **Infant Mortality** - Healthy NC 2020 Targets:
 - Goal: Reduce infant mortality rate to 6.3 per 1,000 live births – Davidson County 8.9 per live births
 - Davidson County reported 7.7 infant mortality rate per 1,000 Medicaid live births
- **Adolescent Pregnancy** – Healthy NC Targets:
 - Goal: Reduce teen pregnancy rate to 30.9/100,000 – Davidson County 51.9/100,000
- **Injury and Poisoning** – Healthy NC 2020 Targets:
 - Goal: Reduce unintentional poisoning mortality rate to 9.9 per 100,000 – Davison County 14.7 per 100,000
 - Goal: Reduce unintentional falls mortality rate to 5.3 per 100,000 – Davidson County 3.7 per 100,000
 - Goal: Reduce homicide rate to 6.7 per 100,000 – Davidson County 4.4 per 100,000
 - Davidson County reported 9.8 per 1,000 traffic accident fatality rate
- **Access to Healthcare Providers** –
 - Davidson County reported 4.5 primary care physicians per 10,000 people
 - Davidson County reported 1.7 dentists per 10,000 people
- **Final Selection for Davidson County Priorities**
 - Obesity (physical activity and nutrition)
 - Tobacco
 - Access to Healthcare

Closed Session

Dr. Hamrick announced that the Board needed to go into closed session in accordance with North Carolina General Statute 143-318.11(a) (1) to discuss personnel matters.

Dr. Lanning made a motion to go into Closed Session. Commissioner Truell seconded and the motion was approved without dissent.

After a brief discussion, Dr. Lanning made a motion to end the Closed Session. Ms. Gray seconded and the motion was approved without dissent.

FUTURE BOARD MEETING DATES

The Board of Health will meet Tuesday, March 5, 2013 at 12:30.

MEETING ADJOURNED

Respectfully submitted,

 Monecia R. Thomas, MHA
 Secretary to the Board

This is a true and accurate copy of the January 8, 2013, Board of Health Minutes.

 Dr. Mark Hamrick, Chair