

# MINUTES

## DAVIDSON COUNTY BOARD OF HEALTH

May 12, 2015

12:30 p.m.

### BOARD MEMBERS PRESENT

Ms. Jana Andrews  
Dr. Doug Cope  
Ms. Becky Daley, Chair  
Dr. Rick Gilliam  
Ms. Alice Gray  
Dr. Michael Lanning  
Ms. Becky Simmons  
Mr. Dale Swicegood  
Commissioner Don Truell

### STAFF PRESENT

Janie Ange  
Darren Cecil  
Mary Lou Collett  
Jen Hames  
Barbara Hedrick  
Nancy Rosier  
Monecia Thomas

### VISITORS PRESENT

Mike Newby, Asst. County Attorney  
Jazmine Kilpatrick, LGF Credit Union  
Pamela Diggs, NC Tobacco Prevention/Control  
David Willard, Regional Tobacco Specialist

### WELCOME

Ms. Becky Daley called the meeting to order, established a quorum, and welcomed everyone to the May Board of Health meeting. Ms. Daley gave a special welcome to our guests from the Local Government Federal Credit Union and the Tobacco Prevention and Control Branch from the Division of Public Health. Ms. Daley stated before we begin the business meeting today, we will have our newest members take the Oath of Office. Debbie Harris, Clerk to the Board of County Commissioners will administer the oath to Doug Cope and Dale Swicegood. Ms. Rebecca Simmons has notified us that she will be a few minutes late arriving to the meeting and she will take the Oath of Office at that time.

Ms. Harris administered the oaths of office to new Board of Health members Veterinarian Dr. Roy Cope and Professional Engineer Mr. Dale Swicegood. Ms. Harris administered the oath to Public Citizen Ms. Rebecca Simmons when she arrived later.

Ms. Daley thanked the newest Board of Health members for taking on this responsibility. She appreciates the input they will bring to the Board. Ms. Daley asked Veterinarian Dr. Doug Cope and Professional Engineer Mr. Dale Swicegood to tell a little bit about themselves to the Board.

Dr. Doug's family is originally from Davidson County. He was born in Washington DC and came to the state to attend North Carolina State University College of Veterinary Medicine. Dr. Cope has Veterinary offices located in Davidson County and Jordan Veterinary Hospital run by Dr. Ralph Ashley. Dr. Cope spends 99% of his time at the Denton Animal Hospital.

Mr. Dale Swicegood was born and raised in Davidson County and lives in the Reeds Community. He has worked for 26 years for the Department of Transportation.

Introductions were made by Board members, members of the Executive Team and guests. Ms. Thomas hoped that the newest Board members recognized the longevity and experience of the Executive Management team. They should be commended for their years of service.

### MEETING AGENDA and CONSENT AGENDA

Ms. Daley asked for approval of the agenda and the consent agenda, including the March 3, 2015 meeting minutes and the financial reports as presented.

### MOTION

Dr. Michael Lanning made a motion to approve the items on the meeting agenda, the consent agenda, the March 3, 2015 meeting minutes and the financial reports as presented. Dr. Rick Gilliam seconded and the motion was approved without dissent.

## PUBLIC COMMENT

None

## PROGRAM UPDATES

Ms. Daley stated that the Executive Management Team will now present their Program Updates. As always, the Executive Staff will answer any questions Board members may have and if there is additional information they would like to share, they will briefly do so. Please note that Nancy Stout is out of the office and so there is no Quality Improvement / Quality Assurance update included.

- **Environmental Health Director Darren Cecil** highlighted a few items:
  - **Centralized Permitting:**
    - The new Central Permitting Supervisor Jennifer Goble began work on May 11<sup>th</sup>.
  - **Food, Lodging and Institutions Records:**
    - Will be going paperless for Food and Lodging Records - Planning to practice the use of this system until going live on July 1<sup>st</sup>.
    - The Food and Lodging staff will rotate their assigned areas in July.
  - **Items to Note:**
    - HB 760 has provisions to allow for the privatization of on-site wastewater permitting. An 18 page amendment was introduced and approved by the House last week.
    -

**(Debbie Harris administered the Board of Health Oath to Rebecca (Becky) Simmons at this time)**

- **Director of Nursing Mary Lou Collett** highlighted a few items:
  - **Successes and Challenges**
    - Due to the cost of new file folders, the decision was made to use electronic medical records and scan the records of new patients only. The staff has done very well and there have not been any issues.
    - The clinic previously made some changes to their schedule to open more appointment slots for services and decrease client return calls for appointments for Nurse Only visits.
- **Health Education Supervisor Jen Hames** mentioned that she had an intern recently and this is a great opportunity to work with students that will soon be graduating.
  - **Current Projects**
    - Partnering with Thomasville Rotary – Children at Play Initiative - looking at hiring a Part-Time Coordinator to carry the initiative forward. Held Party in the Park at Myers Park at the end of April. Thomasville has seven newly renovated parks and they plan to do an event at one park each quarter.
    - Davidson County Healthy Communities Coalition - Through the Access to Care Workgroup, a Poverty Simulation will be conducted on May 21<sup>st</sup> at Rich Fork Baptist Church from 1:00-5:00. The target audience is all “board members” in the county (those who make the decisions about accessing care). The goal is to have 60 to 70 participants representing people living in poverty to increase their understanding about barriers to accessing services.
    - Davidson County Healthy Communities Coalition - Through the Obesity Workgroup, the Winston Salem State University intern developed a survey and began an evaluation of the Corner Stores by surveying store owners and customers. She asked the customers about buying produce at the store and what would make them more likely to buy produce at this location. This information can help decrease the barriers associated with the Corner Store initiative.
    - Partnering with Thomasville City Schools on several bike initiatives – held Community Forum in April on Pedestrian/Biking Safety; Used Healthy Communities state funding to purchase bike racks for Thomasville City and Lexington City Schools. Wednesday, May 27<sup>th</sup> they are holding another activity at Liberty Drive Elementary and this will involve teaching the kids to ride bikes

and also fitting them with bike helmets through a grant with the Active Routes to Schools initiative. All of the fourth graders will receive bike helmets and they will be shown the proper way to ride bikes with hand signals.

- o The Community Health Assessment is due this year and every three years thereafter in partnership with both local hospitals. A vendor, Dr. Sheila Pfaender, has been retained to provide technical assistance. Sheila helped with the 2005 Community Health Assessment so she is very familiar with Davidson County. She is also familiar with the IRS guidelines that the hospitals need to meet and the State expectations for the Health Department. In past years, the community input surveys were completed through the handheld devices and by visiting various addresses. We are changing the way this is done for Davidson County. This year, we will use a convenience survey blasted out to the county and the community. We will gather as many surveys as we can using this method and then determine 'missed' populations. Then a group of individuals will be followed up with according to the 'gaps' in the data sources.

- **Successes:**

- o Receiving Komen grant again for 2015-16. The Komen grant has been received for the last 9 years. The grant is a big resource for the DCHD clinic and it provides supplements to the BCCCP (Breast and Cervical Cancer) Program. The funds provide mammograms and follow-up services to low income women.

- **WIC Director Barbara Hedrick**

- **Current Projects**

- o Educating clients regarding a change in the Federal Regulation which will permit the purchase of white potatoes with the Cash Value Voucher, beginning July 1, 2015.

- **Items to Note**

- o Farmer's Market Food Instruments will be available to women and children aged 2-4 in June through the current updated Crossroads system.

- **Successes:**

- o March program Audit was completed with minimal findings as listed below:
  1. Inconsistency in providing participant letters at each visit.
  2. One of seven records was missing documentation of 72 hour follow up on electric breast pump.
  3. Two of five records missing the 3<sup>rd</sup> week post-partum Breastfeeding Peer Counselor contact.

- **Health Director Monecia Thomas** highlighted a few items:

- **Professional Meetings/Trainings Attended:**

- o **Family Services of Davidson County** - Ms. Thomas was recently appointed to the Board.
- o **Webinars:** The entire Expanded Management Team completed the Performance Evaluations webinar individually or as group. Then we came together as a group and talked about the lessons learned. We hope that this will make our Performance Evaluations more consistent.
- o **UNC-Chapel Hill School of Government Legal Conference** - Mary Lou Collet, Nursing Director; Mike Newby, Asst. County Attorney and Ms. Thomas attended the UNC-CH School of Government Legal Conference.
- o **Frameworks Institute** – Jen Hames and Ms. Thomas attended Frameworks Training in Raleigh. The group will be offering technical assistance to help the health department "frame" certain messages. DCHD has submitted two potential projects: Prescription Drug Abuse and School Nurse funding. The Board of Health members on the Budget Sub-Committee may remember that we discussed the school nurse to student ratio for Davidson County and how it is the worse in the state.
- o **Current Projects: Board of Health and School Health Advisory Council Meeting** – According to the Strategic Plan, the Board of Health will have a joint meeting with the School Health Advisory Council (SHAC). We had considered this taking place last fall, but during that time, SHAC was

changing their structure and developing Task Forces. The Board of Health mentioned previously that the best time to meet maybe during the SHAC regular meeting time – Mondays at 3:30PM. The goal is for at least half of the Board of Health members to attend. This meeting will be held this fall.

o **Items to Note - Staff**

- o New Hires:
  1. Nurse -Tonyah Burleson
  2. Nurse –Jennifer Leonard
  3. Office Support III – Lisa Belinotti
  
- o **Board of Health Orientation for newest Members:** The Board has two new Board members from 2014 (Jana Andrews and Tobin Shepherd) and three new Board members took the oath today. Ms. Thomas had been putting off part of the orientation because she felt it was easier to do if all five Board members were oriented at one time. Ms. Thomas was pleased to say that Dale Swicegood has already completed his on-line UNC-Chapel Hill Introduction to Public Health in North Carolina webinars and she will be following up with the new members to complete an Orientation. In addition, all Board members will participate in a training session. According to Accreditation standards, the Board has to have a full training every three to four years and the last training was January 2012 so she is working with UNC Institute for Public Health to arrange the Orientation and Training.
  
- o **County Health Rankings** – The Board received an email about the County Health Rankings and where Davidson County ranked in relation to all 100 North Carolina Counties. Ms. Thomas noted that she would send an email to the newest members about the County Health Rankings. This is probably a good time to mention that the rankings are based on health factors or health behaviors and some of this information results from policies that this Board can play a role in, such as tobacco.
  
- o **Successes and Challenges-** Ms. Thomas explained that the Fire Alarm System is as old as the building that was built around 1978 and the County is working with us to replace it. She felt that this could be considered a success because we are working with engineers and they have developed a list of needed items and the County is planning to cover the cost. She has been told by the County that once the final estimates and bids come in, the funding will come from the capital reserves. The carpet is being replaced with tile downstairs in the Nurse’s Bay, the Care Management area and in Environmental Health. Ms. Thomas feels this is a success because we have the funds to do it by using Performance Based Budgeting monies. This will be challenging simply because it will take a lot of effort from the individuals who have to pack up their materials.

## **Old Business**

### **Ethics Webinar – Training**

Ms. Daley reminded the Board they were asked to review the Ethics Webinar. The webinar lasts for about 70 minutes and is quite interesting.

Ms. Thomas mentioned that she will email the information to everyone again, including the new Board members. Ms. Thomas explained that the webinar is about having an Ethics Committee at the Health Department. The DCHD does not have one now, but this may be looked into in the future. Hoarding is one example of an issue. At the end of the webinar the presenters talk about who should be on the committee, how you can include members of the Board of Health, staff at the health department and hospital staff to address issues that are not clearly public health issues.

### **Association of NC Boards of Health Report – March 2015**

Ms. Daley mentioned that the ANCBH report for March 2015 was included in the Board packet. ANCBH did not distribute one at the April Health Directors’ meeting. Please note that ANCBH offers a \$500 scholarship towards attendance at the National Association of Local Boards of Health (NALBOH) conference. The

national association has started distributing a Newsbrief that you should receive via email. The newest members were just recently added to the list so you may not have received the first one.

### **Review and Discussion of Proposed Tobacco Resolutions**

Ms. Daley explained to the newest members that some context would be provided about the next item on the agenda. Ms. Thomas will give a little history, including how this issue came up a few months ago at the County Commissioners meeting. Following her overview, we will move to Pamela Diggs and David Willard of the Tobacco Prevention and Control Branch for an overview of the charts and maps in the packet. Then we will have open discussion with Mike Newby, the Assistant County Attorney.

Ms. Thomas gave a brief summary to the Board about the NC Local Health Department Accreditation program which requires health departments to review smoke/tobacco free rules for their health department facilities. Several years ago, the Davidson County Health Department became tobacco free within 25 feet of the entrances. It was noted that the Health Department Environmental Health Staff work for an hour a day at the new Central Permitting building located by the Governmental Center. Ms. Thomas informed the County Commissioners that according to the Health Department's Accreditation requirement, DCHD needs to inquire about the Smoke/Tobacco free policies regarding the building. During the discussion, County Commissioners and the County Manager started discussing a more consistent policy across the entire county. They noted that some people complain about smoking right by the doors at the Governmental Building. People also have concerns about smoking at the library entrances. Mike Newby, Assistant County Attorney, was involved because he drafted the two ordinances in the Board of Health packet. The Board of Health had previously decided to gather additional information and see what other places were doing before making a decision on smoking and e-cigarette use, as well as tobacco. Ms. Thomas also included in the packet a report about e-cigarettes. The article includes national statistics on e-cigarette use and vaping and shared some of the concerns of e-cigarettes. Ms. Thomas turned the meeting over to Pamela Diggs of the Tobacco Prevention and Control Branch at the Division of Public Health who will walk us through what is going on across our region and the state.

Pamela Diggs of the Tobacco Prevention and Control Branch provided an overview of the Dashboard for Region 3 that included charts and maps. Ms. Diggs explained that her office works across the State for all the counties and David Willard, Regional Tobacco Specialist, serves Region 3 specifically.

- The charts and maps are used to make it easier for everyone to examine the current policies concerning tobacco use and where we should prioritize our efforts.
- Davidson County has smoke-free buildings unfortunately there are still some Counties in North Carolina that do not have smoke free/tobacco free policies inside the building. With all the dangers about secondhand smoke, it is important to note that Davidson County has taken this step.
- Government grounds are areas that need improvement to protect the public's safety outside. The reason to look at smoke free/tobacco free policies outdoors is not only for protection from secondhand smoke but also to model positive healthy behavior for our youth. These policies can also create a tobacco free/smoke free environment that helps people that want to quit. Studies show that most people (70%) want to quit. When there are fewer triggers, this helps those that want to quit.
- Boone in Watauga County is the only municipality that has smoke free/tobacco free public places in this region. There are two Counties outside of Region 3 – Orange County and Durham County that have smoke free public places. This is defined as any inside place where the public is invited or permitted, so that includes any areas in addition to restaurants and bars that are not covered by the State law on smoking.
- The State wide map shows where some of the gaps are and some of the areas for improvement for Davidson County.
- Ms. Diggs wanted to mention that one of the proposed ordinances does include e-cigarettes so she wanted to highlight a few reasons why the public health community is concerned about e-cigarettes:
  - The Center for Disease Control and Prevention (CDC) is the main source for resources on tobacco control. The CDC is a national public health authority that has stated there are basically seven reasons why this is a public health issue. Ms. Thomas distributed a letter addressed to the North Carolina Division of Public Health outlining these public health concerns and Ms. Diggs summarized:
    1. Concern about the appeal to youth – North Carolina has seen a 352% increase in the use of e-cigarettes from 2011 to 2013 based on the youth tobacco survey. This includes youth

- that are using any form of tobacco product. Nationally the usage has tripled in one year due to e-cigarette product use among high school students. Why are the youth turning to these products? There are over 100 different flavors that are being promoted on social media and youth are very acquainted with social media.
2. Concern about the introduction of nicotine – studies find that some people especially youth are turning to these products when they have not used traditional cigarettes or traditional tobacco products. E-cigarettes are not regulated by the FDA so e-cigarettes can be promoted on TV. These products are not regulated as cessation devices, but there is advertising that makes that claim. It was noted that there are only seven forms of medication classified as tobacco cessation products and e-cigarettes are not one of those.
  3. Concern about the introduction of nicotine and how it affects the adolescent brain. E-cigarettes do contain nicotine since they are nicotine derived products so the CDC does classify them as a tobacco product.
  4. Concern about the toxic exposure that the user and those around them are exposed to when using these products (e-cigarettes). Some research has found carcinogens in the aerosol that comes off of these products. Ultra-fine particles and metals can penetrate the lungs and cause adverse effects.
  5. E-cigarettes have almost re-normalized the behavior of smoking. There had been a decrease in youth smoking rates over the past years thanks to programs that have been in place across the State and the Country, but now there is an increase in the use of tobacco among youth. The great thing about tobacco/smoke free policies is that they help to make tobacco-free the norm and that is what we need to strive for to protect the health of our youth and create those types of healthy norms in our communities.
  6. Concern about dual use of these products – There are claims that e-cigarettes help people quit, but we are actually seeing people use e-cigarettes in places where they cannot smoke while continuing to use traditional tobacco products. There is another benefit to having smoke free/tobacco free policies that include e-cigarettes - it can be very confusing when you are looking at trying to enforce a policy that prohibits smoking, but it does not include e-cigarettes.
  7. Concern about nicotine poisonings - there has been an increase in calls to the Carolina Poison Control Center related to e-cigarettes. The amount of nicotine in the vials on the market is lethal, especially when children are exposed. Legislation is being considered to make the packaging child proof, but the current form has led to two deaths in the nation.

Ms. Diggs stated that she wanted to summarize the CDC scientific letter for the Board and she also wanted to let the Board know there are fifteen communities across the State that have taken action on this issue to specifically prohibit the use of e-cigs with either a smoke free policy that includes e-cigs or by amending their tobacco free policies.

Ms. Diggs commented that last, but not least, she wanted to see if the Board was interested in the “youth access” law that defines e-cigarettes as a tobacco product. Some of the communities across the State are taking a look at this issue. In particular, the Orange County Board of Health has adopted a Resolution requesting that the North Carolina General Assembly rescind Pre-Exemption of tobacco regulation, including e-cigarettes and give local control to local governments to regulate these products. Currently the State law on tobacco access prohibits local governments from regulating the sale, distribution, display and promotion of tobacco products, but local wards are able to regulate the safe use of these products. This is concerning and is something that the Orange County Board of Health has brought up because we know that one of the main places youth are attracted to tobacco products is at the point of sale at convenience stores and gas stations where these products are sold. Currently, there is not a lot we can do at the local level but this is something Orange County has raised as an issue and there are several counties that are interested in looking at this and doing something similar. This may be of interest to the Davison County Board of Health.

### **Discussion/Question/Answer**

Ms. Thomas requested that the Board have discussion about the various issues discussed and that Ms. Diggs and Mr. Willard would be available for questions.

Mr. Newby mentioned that in the Board's packet are two ordinances - one of which bans smoking and the second ordinance is a little more inclusive and addresses electronic cigarettes and allows more general powers of the County to regulate health threats which of course means the Commissioners have to find that e-cigarettes present a health threat to the citizens of Davidson County. Mr. Newby stated that he did include a separability clause in case the Commissioners enacted the ordinance with e-cigarettes and it gets challenged and that portion gets removed, that does not mean the whole ordinance gets removed. Hopefully one of the two ordinances will fit what the Board of Health wants and what the Commissioners feel comfortable in passing. Both proposals are designed as much as possible to resemble what is in place at the Davidson County Courthouse now. It has been Mr. Newby's opinion that change done slowly is change done best. He thinks there may be less concern if the proposed ordinance looks similar to what is currently in place at the Courthouse.

A Board member felt that prohibiting smoking and e-cigarettes makes a stronger stand for the Board of Health. The Board may not want to appear to approve of the use of e-cigarettes. She stated that she has not had a lot of contact with e-cigarettes other than at an event recently. She noted that a man was using one and the wind brought a huge plume of smoke towards her and a baby. It is a stronger position to say no to all of it, than to just say it is ok to use e-cigarettes.

A Board member mentioned that he was glad that others had mentioned that about a quick burst of smoke (aerosol/vapor). He was at an event recently and a man was using an e-cigarette and suddenly there was a burst of steam (aerosol/vapor).

Ms. Thomas mentioned that one of the articles in the packet and the materials shared by Ms. Diggs and Mr. Willard state that many people think water vapor is produced by e-cigarettes. Both of the articles state that it is more of an aerosol and they describe the scientific detail about what is in the aerosol.

It was mentioned that the tobacco/smoking issue has to be balanced by the livelihood created by this industry in certain counties.

Ms. Thomas mentioned all the purple on the map when you look at the State as a whole. These changes in policies are very interesting considering our state's history and relationship to tobacco.

Ms. Diggs mentioned that we have made a lot of progress in North Carolina as a "tobacco State". We have smoke free restaurants and bars which we all can enjoy, 100% tobacco free Davidson County Community College, and the state has led the nation on the percentage of community colleges that are tobacco free. We have 100% tobacco free schools and hospitals, so it can be done while embracing our history and at the same time recognizing that we have so much science and evidence as to why we should address this issue.

Ms. Thomas asked Ms. Diggs to tell a little bit more about what Orange and Durham Counties have done regarding tobacco and smoke-free policies.

Ms. Diggs mentioned that the city of Durham was built on tobacco, however in realizing the transformation that needed to take place when the industries started to shut down, the city has transformed and become the city of medicine. As of today, Durham County was the first county in the State to adopt a smoke-free public place policy through a Board of Health Rule. A Board of Health Rule applies to not only the County, but also the Municipalities. Durham has one municipality so the Rule covers the entire County.

Orange County followed suit after Durham and prepared a similar Board of Health Rule prohibiting smoking in all public places. So both of these Counties prohibit smoking in government buildings, grounds, vehicles and also public places and they do include privately owned businesses where the public is invited inside or permitted.

The Tobacco Control and Prevention Branch looks at these Rules as huge successes in our State and they also encourage other counties to look at a similar process so we can protect all of the citizens of North Carolina. Right now, we know there are still about 9% of North Carolina citizens who are exposed to secondhand smoke in the work place, so these policies can prevent that. Now that e-cigarettes are exploding literally and figuratively, we can go ahead and address this through tobacco-free policies. Also there are options to include e-cigarettes in a smoke-free policy.

Mr. Newby made the Board aware the proposed Ordinances did not address smokeless tobacco, chewing tobacco, snuff products. It was his understanding that the proposals would not be tobacco-free.

Ms. Thomas asked about Durham and Orange Counties prohibiting smoking at bus stops.

Ms. Diggs stated that that is correct. The Rules include other areas, such as bus stops. Orange County's smoke free in public places rule is the most comprehensive rule in the State and possibly in the Nation because it includes sidewalks as well. That is partly because those two counties house large hospitals and the hospitals became tobacco free prior to the counties, so this led to people smoking at the 'edge' of the hospital location and the bus stops. This was an issue - so the hospitals have been working with the Counties and the Municipalities on the policies to protect more people.

It was asked if there have been any problems with enforcement.

Ms. Diggs stated there have not been any citations regarding those two policies and with the smoke free Restaurants and Bars law statewide, we have not had any individual citations. The process for those counties if they hear about violations is to investigate, increase the signage and complete more education and follow-up. These policies are not about policing smoking, they are really about education and increasing compliance. The best way to do this is through communication, so if you clearly communicate the policy, we find that you have higher compliance. It does not end when the policy goes into effect; it is a continuous process of education about the policy.

A Board member noted that when he is in certain public places, the smell of tobacco is noticeable.

Another Board member commented that the smell and its impact is a good point. Besides the health ramifications, it is an issue with the pharmacy tech students at the college. Her office receives notes following the clinical rotations regarding too many 'smoking breaks' and the smell of smoke. She noted that it is not appropriate to smell of smoke or to try to cover it with perfumes in areas where people are not well.

Ms. Diggs mentioned that all of the policies are tracked according to their use of designated smoking areas and distances from entrances and they also highlight the policies that do not have any exceptions – so there is 100% no smoking/no tobacco use on some campuses. She noted a few other issues – with designated smoking areas, there may be costs put into creating areas and then it can be difficult to remove these areas if there is a policy change. These designated areas make it harder for people who want to quit by exposing them to triggers.

Ms. Thomas mentioned that she quickly counted and there are about forty-one counties that have tobacco free government buildings and that is impressive.

Ms. Diggs stated there are seventy-five total that have either smoke free or tobacco free policies. Davidson County would be 'in good company' if they decided to make changes.

It was observed that all of the State property on the map was not shaded - white.

Ms. Diggs stated that right now, State property does not a tobacco free policy.

Ms. Daley asked the Board about what they would like to do.

Clarification on a potential motion was requested.

Mr. Newby explained that the Board could recommend that the Board of County Commissioners pass an ordinance and the Board of Health could suggest an ordinance.

Ms. Thomas mentioned that the Board could support one the proposed ordinances or they could support other options.

Mr. Newby stated that the motion should read generally: The Board of Health recommends Davidson County Board of Commissioners enact an Ordinance prohibiting smoking in public facilities or just read the title of the Ordinance into the record. The Board of County Commissioners may make changes to the verbiage.

It was asked if the Board makes a recommendation then the next step is it goes to the Commissioners to approve or disapprove it.

Mr. Newby answered Yes, the Commissioners would have to have a public hearing like any other Ordinance and it would be enacted like any other County law.

Ms. Daley stated that if it is the Board's wish to have a motion presented to the Commissioners, then a motion is needed.

A Board member said that he did not see any reason why the Board of Health should not include both (meaning smoking and e-cigarettes).

It was agreed that if the Board of Health includes smoking in the proposed Ordinance, e-cigarettes should be included.

A Board member felt this was an easier recommendation than if the Board recommended the tobacco-free Ordinance.

Ms. Diggs asked if she could make one more comment – The Orange County Health Ranking is number one in the state so as Ms. Thomas mentioned these policies are included in some of the factors that determine these rankings.

Ms. Thomas stated that Davidson County is ranked at 59<sup>th</sup> in the state.

A question was asked about the chemicals mentioned in e-cigarettes.

Ms. Thomas answered that the chemicals mentioned on page-8 of the report include Toluene, Acetaldehyde Benzene, Cadmium, Formaldehyde, Isoprene, Nickel, Lead, Nicotine, N-Nitrosornicotine. Ms. Diggs stated that these are some of the same chemicals that found in cigarettes.

It was stated that since e-cigarettes are not regulated, anything could be inside them.

Ms. Diggs stated that in some cases, they are seeing people place marijuana oils in these products.

There was discussion on smokeless tobacco. One Board member said he would like to include all forms of tobacco, but he realizes that smokeless tobacco is only harmful to the person using it.

Mr. Newby stated that is an excellent point. In the law, the impact of secondhand smoke on other people focuses on the public's health. So, this brings up the interesting dynamic of personal rights versus public health concerns. Smokeless tobacco is a 'tougher call'. We have evidence about the harm of e-cigarettes and vaping with certain chemicals. Smokeless tobacco can have a devastating impact on folks, but it does not have the same impact on the folks around the user.

It was mentioned that one's concern with these products is similar to that of seatbelts. We have regulated seatbelt usage and that affects the person who elects to wear or not to wear the seatbelt. In one's opinion, vaping e-cigarettes and smoking is one in the same - you get secondhand smoke from both. If we are going to regulate smoking, it only make sense to include the e-cigarettes. If we are looking to do what is the healthiest option for the County, it would be tobacco free and this would be a 'harder sell' with more public outcry. But if we are looking strictly at what is best for health, you would have to say all tobacco products.

Ms. Daley noted that Dr. Riggan was unable to attend the meeting today, but she sent an email and she was in favor of the proposal to prohibit tobacco products as well as e-cigarettes in County buildings, vehicles, etc. In the interest of everyone's time, Ms. Daley requested a formal motion if the Board decided to make one.

### **MOTION**

Dr. Lanning made a motion to move forward with policy to prohibit smoking and e-cigarettes usage and to look at all tobacco products in the future. Ms. Jana Andrews seconded and the motion was approved without dissent.

### **New Business**

#### **Appointment to the Board of Health Subcommittees**

Ms. Thomas explained that according to our Bylaws each member should be on a subcommittee. The 3 new members should look at the openings on the following Committees: Environmental Health, General Services and Bylaws.

Each one of those committees meets roughly about once a year: Bylaws once a year, General Services as needed and Environmental Health maybe once a year and as needed. The new members selected a Committee:

1. Bylaws – Doug Cope
2. Environmental Health - Dale Swicegood
3. General Services - Rebecca Simmons

#### **Local Government Federal Credit Union – Opportunities for Board of Health – Jazmine Kilpatrick**

The Local Government Federal Credit Union Membership Development Officer Jazmine Kilpatrick shared with the Board information on:

- Free advocacy programs that are available to volunteer board members with local government
- Collegiate scholarships for family members of Board members
- Free tax preparation
- Professional development scholarships, etc.

The Federal Credit Union has a very unique partnership with the UNC-CH School of Government. So if you are interested in attending a particular class, workshop or conference, please visit the Federal Credit Union website to apply for a scholarship to attend. Ms. Kilpatrick explained that they provide the same products as the larger banks, but their products are normally free or at a lower interest rate. For example, they offer free financial planning that can focus on everything from how much you spend on groceries or saving for a down payment on a house. To open an account or to learn more about the available vouchers, please see the materials at the back of the room.

Ms. Thomas highlighted the professional training available and mentioned that there is a great video on the Credit Union website for the professional training. The Federal Credit Union will pay for the tuition and the individuals that attend have to pay for the hotel if they are staying overnight

Ms. Kilpatrick stated that that is correct. They have a fellows program that members of the DCHD Executive Management Team may be interested in. The course is 2 weeks long and the class materials, supplies and meals are paid for by the Credit Union.

### **Child Health Report**

Mary Lou Collett explained that the 2014 Child Fatality Prevention Team Report was in the Board packet and if they had any questions to let her know. Ms. Collett and Ms. Thomas are on the Child Fatality Prevention Team/Community Child Protection Team and they review child deaths from the previous year to make recommendations for legislation to prevent future deaths in children.

### **Cost of Flu Vaccine**

Ms. Collett explained that typically in the past, the DCHD Board of Health does not have to revisit the issue regarding the cost of the flu vaccines. The policy states that the Board of Health is a public health service and understands that it should be affordable. The DCHD's price has been maintained at \$25.00 for many years with the administration fee. Ms. Collett recommends that it stay at \$25.00, although the price for the vaccine has gone up \$4.00 or \$5.00. This represents a public health service, not a money making endeavor. Some of the cost of giving the flu vaccine is absorbed with other areas like communicable disease. Ms. Collett stated this was information just to give the Board an update and to get their support for maintaining the fee at \$25.00. The reason the cost has increased is because the decision was made to give Quadrivalent this year versus Trivalent and what that means is that the flu viruses contains four viruses instead of the three flu viruses that we have given for years. She has heard that after this year, the Trivalent may not be available.

Ms. Thomas mentioned a motion is not required because basically the cost of the giving the flu vaccine will remain the same, but Ms. Collett just wanted to make the Board aware of the change.

### **Program Plan Outline**

Ms. Daley explained that the Davidson County Program Plan Outline identifies the programs offered by the health department, the legal need for those programs, program goals, eligibility requirements and the services and activities designed to reach the goal. The plan will be provided to other departments interested in what the Health Department provides, such as new staff members, Board of Health members and County Commissioners. This document can be used as an excellent resource. The Program Plan is updated annually and is also available on the DCHD website.

Ms. Hames distributed the current copies of the updated 2015-16 Program Plan Outline to the Board members. Ms. Hames brought the Board's attention to the Program Index under General Programs number 10 Quality Improvement/Quality Assurance Program and noted that Nancy Stout is out of the office. So, her section has not been updated. Ms. Hames identified the program changes in red on the Program Index and gave the Board an overview of the changes.

### **MOTION**

Dr. Doug Cope made a motion to accept the Davidson County 2015-16 Program Plan Outline with the changes. Dr. Michael Lanning seconded and the motion was approved without dissent.

### **Public Health Month Proclamation**

Ms. Daley announced April was National Public Health Month. Proclamations were completed by the City of Lexington (Thanks to Councilman Tobin Shepherd) and the Davidson County Commissioners (Thanks to Commissioner Truell).

### **Board of Health Handbook Update**

Ms. Daley mentioned that most of the current Board members brought their Handbook and gave them to Nancy Rosier. The Health Department Accreditation process requires that these Handbooks be updated each year. The Health Department will update these and return them at the July meeting and also the new Board members will receive their Handbooks at the July meeting.

Ms. Daley stated hopefully with the smoking and tobacco issues hopefully resolved today we will be within our timeframe for the next meeting because the last couple of meetings have run a little bit longer with the discussions.

### **BOARD MEETING DATES**

The Board of Health will meet July 7, 2015 Tuesday, at 12:30.

**MEETING ADJOURNED**

Ms. Alice Gray made a motion to adjourn. Commissioner Truell seconded and the motion was approved without dissent.

Respectfully submitted,

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Monecia R. Thomas, MHA  
Secretary to the Board

This is a true and accurate copy of the May 12, 2015 Board of Health Minutes.

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Rebecca Daley, RN, MHA, Chair