

## **ABUSE AND NEGLECT**

### **Davidson County Adult Protective Services**

913 Greensboro Street, Lexington, NC 27293

Phone: (336) 242-2760 – Lexington

(336) 474-2760 – Thomasville

After hours, holidays, weekends:

(336) 249-0131

[www.co.davidson.nc.us/DSS](http://www.co.davidson.nc.us/DSS)

Hours: Monday-Friday: 8:00am – 5:00pm

Accepts reports of abuse, neglect, and exploitation of adults age 18 and over.

### **Family Services of Davidson County**

1303 Greensboro Street Extension, Lexington, NC 27295

Phone: (336) 243-1934

24/7 Crisis Line: (336) 243-1934

[www.fsdco.org](http://www.fsdco.org)

Hours: Monday-Thursday: 8:30am – 7:00pm

Friday: 8:30am – 3:00pm

Provide counseling for domestic violence, addictions, anxiety, stress, sexual assault support and assistance; family counseling, credit counseling.

## **ADULT DAY CARE**

### **Alzheimer Association-Area Chapter**

Phone: 1-800-272-3900

24-hour information line.

### **Carolina SeniorCare / PACE Program**

802 East Center Street, Lexington, NC 27292

Phone: (336) 746-3500

Toll-Free: 1-888-351-7227

[www.carolinaseniorcare.org](http://www.carolinaseniorcare.org)

Hours: Monday-Friday: 8:00am – 5:00pm

PACE is a program of all-inclusive care for elderly age 55 and over.

### **Elizabeth and Tab Williams Adult Day Center**

231 Melrose Street, Winston-Salem NC

Phone: (336) 724-2155

### **The Life Center of Davidson County**

601 W. Center St., Lexington, NC 27292

Phone: (336) 249-2155

Adult day care and day health for older and impaired adults; Monthly Caregiver Support Group.

### **Piedmont Triad Regional Council**

Phone: 294-4950

### **Triad Adult Day Care Center**

409-A East Fairfield Rd, Suites A&B, High Point, NC 27263

Phone: (336) 431-1537

### **Emanuel Senior Enrichment Center**

1401 Heathcliff Road, High Point

Phone: (336) 882-6613

Provides: daytime care & activities for frail elderly; respite for caregiver.

### **Western Carolina Chapter**

Phone: 1-800-888-6671

## **AIDS / HIV**

### **AIDS Care Service (ACS)**

965 Northwest Blvd., Winston-Salem, NC

Phone: (336) 777-0116

### **HIV/AIDS Treatment Information Service**

[www.aidsinfo.nih.gov](http://www.aidsinfo.nih.gov)

Phone: 1-800-448-0440

### **Positive Wellness Alliance**

400 E. Center St., Lexington, NC

Phone: (336) 248-4646

### **National Hotline**

Phone: 1-800-342-2437

### **Triad Health Project**

620 English St., High Point, NC

Phone: (336) 884-4116

### **National STD/AIDS Hotline**

Phone: 1-800-227-8922

## **ALCOHOLISM**

### **Alcoholics Anonymous, Al-Anon**

Phone: (336) 249-6636

### **Alcohol / Drug Council of NC:**

Phone: 1-800-688-4232

Hours M-F 8am-6pm, answering service after hours

Information and Referral Services for NC.

### **Cardinal Innovations**

Phone: 1-800-939-5911 for 24-hour-7 day a week services.

[www.cardinalinnovations.org](http://www.cardinalinnovations.org)

### **Daymark**

220 E. First Avenue, Suite 10, Lexington, NC 27292

Phone: (336) 242-2450

[www.daymarkrecovery.org](http://www.daymarkrecovery.org)

Outpatient continuum of care with DWI services, short-term and long-term groups and intensive outpatient; access to detox

### **Lexington Treatment Associates**

310 Murphy Drive, Lexington, NC 27295

Phone: (336) 224-1919

Intake days – Monday, Tuesday, Thursday, Friday between 5:00am-6:00am - \$20 fee; daily fee \$12

Valid photo ID (state issued or military)

Opioid use disorder treatment; Medication assisted treatment

**Path of Hope Inc.**

1675 E. Center St. Ext. (PO Box 1824) Lexington, NC 27292

**Phone(s): (336) 248-8914 or (336) 249-7561**

[www.apathofhope.org](http://www.apathofhope.org)

Inpatient treatment for male & female substance abusers.

## **ADVOCACY**

**AARP**

1513 Sunday Drive, Suite 312, Raleigh, NC 27607

**Phone: (866) 389-5650**

[www.aarp.org/nc](http://www.aarp.org/nc)

Information and member benefits for age 50 and over. Annual membership fee of \$16 per person. Advocates for and educates seniors.

**Alzheimer's Association**

**Charlotte Office:** 3800 Shamrock Drive, Charlotte, NC 28215

**Greensboro Office:** 4615 Dundas Drive Suite 103, Greensboro, NC 27407

**Phone: (704) 532-7390 – Charlotte  
(336) 285-5920 – Greensboro**

**Toll-Free: 1-800-228-8738**

**TDD: 1-866-403-3073**

**24/7 Crisis Line: 1-800-272-3900**

[www.alz.org/northcarolina](http://www.alz.org/northcarolina)

Information and advice on care and support for those affected by Alzheimer's disease and other dementias.

**Disability Rights NC**

3724 National Drive, Suite 100, Raleigh, NC 27612

**Phone: (919) 856-2195**

**Toll-Free: 1-877-235-4210**

**TTY: 1-888-268-5535**

[www.disabilityrightsn.org](http://www.disabilityrightsn.org)

**Hours:** Monday-Friday: 8:00am – 5:00pm

Serves children and adults with disabilities living in NC. Provides advocacy and services at no charge for people with disabilities living in NC.

**Nursing Home Complaint Hotline**

Complaint Intake Unit, 2711 Mail Service Center, Raleigh, NC 27699

**Phone: 1-800-624-3004**

[www.ncdhhs.gov/dhsr/ciu/filecomplaint.html](http://www.ncdhhs.gov/dhsr/ciu/filecomplaint.html)

**Hours:** Monday-Friday: 8:30am – 4:00pm

This hotline receives complaints regarding the care and services provided to patients/residents/consumers by health care

facilities/agencies/homes licensed by the Division of Health Service Regulation.

**Piedmont Triad Regional Council Area Agency on Aging: Ombudsman Program**

1398 Carrollton Crossing Drive, Kernersville, NC 27284

**Phone: (336)904-0300**

[www.ptrc.org](http://www.ptrc.org)

**Hours:** Monday-Friday: 8:30am – 5:00pm

An ombudsman is an advocate for residents' rights who is responsible for investigating complaints made by, or on behalf of Nursing and Adult Care Home residents.

## **AMERICAN ASSOCIATION OF RETIRED PERSONS (AARP)**

**AMERICAN ASSOCIATION OF RETIRED PERSONS (AARP)**

[www.aarp.org](http://www.aarp.org)

**Phone: 1-800-687-2277**

**1-877-342-2277-Spanish**

**1-877-434-7598-TTY**

A non-profit organization that serves those over 50 whether retired, semi-retired, or employed by providing representation, education, community service programs and direct member benefits.

## **THE ARC OF DAVIDSON COUNTY**

1900 S. Main Street, Lexington, NC 27292

**Phone: (336) 248-2842**

Non-Profit 24-hour residential supervised services to Adults with Developmental Disabilities. Inclusive summer day camp and afterschool programs. Advocacy information and referral for services.

## **BEREAVEMENT AND GRIEF SERVICES**

**Family Services of Davidson County**

1303 Greensboro Street Extension, Lexington, NC 27295

**Phone: (336) 243-1934**

**24/7 Crisis Line: (336) 243-1934**

[www.fsd.org](http://www.fsd.org)

**Hours:** Monday-Thursday: 8:30am – 7:00pm

Friday: 8:30am – 3:00pm

Domestic violence, sexual assault support and assistance; family counseling, credit counseling.

### **Hospice of Davidson County**

200 Hospice Way, Lexington, NC 27292

**Phone: (336) 475-5444**

**Toll-Free: 1-800-768-4677**

**[www.hospiceofdavidson.org](http://www.hospiceofdavidson.org)**

**Hours:** Monday-Friday: 8:00am – 5:00pm

For patients who, with a disease's normal progression, have six months or less to live as diagnosed by a physician.

### **Hospice and Palliative Care Center of Winston Salem**

101 Hospice Lane, Winston Salem, NC 27103

**Phone: (336)760-1114**

**24/7 Toll-Free: 1-888-876-3663**

**[www.hospicecarecenter.org](http://www.hospicecarecenter.org)**

## **BLIND AND VISUALLY IMPAIRED**

### **EyeCare America**

P.O. Box 429098, San Francisco, CA 94142

**Phone: 1-877-887-6327**

**24/7 Crisis Line: 1-800-222-3937**

**[www.eyecareamerica.org](http://www.eyecareamerica.org)**

Offers free eye care services to U.S citizens or legal residents age 65 and older who have not seen an ophthalmologist in the last 3 years or more, and do not belong to an HMO or have veterans' vision care. Does not cover the cost eyeglasses, prescription drugs, hospital services or fees from other medical professionals.

### **NC Library for Blind and Physically Handicapped**

1841 Capital Boulevard, Raleigh, NC 27635

**Phone: (919) 733-4376**

**Toll-Free: 1-888-388-2460**

**[www.statelibrary.ncdcr.gov/lbph](http://www.statelibrary.ncdcr.gov/lbph)**

**Hours:** Monday-Friday: 8:00am – 5:00pm

Circulates books and magazines especially made for persons who cannot use regular printed materials because of a visual or physical disability.

### **NC Lions Clubs (Helps with Glasses)**

7050 Camp Dogwood Drive, Sherrills Ford, NC 28673

**Phone: 1-828-478-2135, ext. 223**

**Toll-Free: 1-800-622-7401, ext. 223**

**[www.nclionsinc.org](http://www.nclionsinc.org)**

**Hours:** Monday-Friday: 8:00am – 5:00pm

Services and programs for the blind and visually impaired, including cost of purchasing glasses, exams, and surgeries; services and programs for the prevention of vision loss, and programs to provide aid to NC citizens.

### **Services for the Blind, Davidson County**

913 North Greensboro Street, Lexington, NC 27292

**Phone: (336) 242-2544 – Lexington**

**(336) 896-2227, ext. 204 – Winston Salem**

**[www.ncdhhs.gov/dsb/contacts/swbcontacts.htm#davidson](http://www.ncdhhs.gov/dsb/contacts/swbcontacts.htm#davidson)**

Provides information and services to the blind and visually impaired.

## **CANCER**

### **American Cancer Society**

4-A Oak Branch Drive, Greensboro, NC

**Phone(s): (336) 834-0844; 1-800-227-2345**

**Lexington (336) 249-8824**

Information, Education, Volunteer Opportunities; Services, Donations and Memorials.

**Cancer Information Service** - Duke Comprehensive Cancer Center

**Phone: 1-800-422-6237**

**Cancer Services of Davidson County**

25 W. 6<sup>th</sup> Ave., Lexington, NC 27292.

**Phone: (336) 249-7265**

Help with financial assistance for cancer medications, supplies, equipment & nutritional support, support groups, & transportation.

## **CARELINE**

### **DHHS Customer Service Center**

**Phone: 1-800-662-7030**

Hours: M-F 8am-5pm

Information, referrals, or complaints in regards to health and human resources Information and Referral Services.

## **CENTER FOR PREVENTION SERVICES**

### **The Center for Prevention Services:**

1117 East Morehead Street, Charlotte NC\_28204,

**Phone: 704.735.7384**

**[www.preventionservices.org](http://www.preventionservices.org)**

Working to strengthen individuals, families, and the community through prevention education and health promotion. Available services include: classroom training, public presentations, community collaboration, and public awareness campaigns for audiences pre-K through senior adults. Most services available at no charge; Servicios disponibles en Español.

Anonymous and confidential drug line available  
704-375-DRUG (3784)

## **CHILDREN'S SERVICES**

### **21<sup>st</sup> Century-Thomasville Middle School**

400 Unity Street, Thomasville, NC 27360

**Phone: (336) 474-4120**

Provides before and after school enrichment activities that include tutoring, assistance with homework, employment skills and career research.

### **Autism Services**

"A bridge to learning"

Hwy 64, Lexington, NC

**Phone: (336) 249-0146**

### **Boys and Girls Club of Lexington**

314 W 9<sup>th</sup> Ave., Lexington, NC 27292

**Phone: (336) 249-0336**

### **Boys and Girls Club of Thomasville**

10 Pine Street, Thomasville, NC 27361-0502

**Phone: (336) 472-7800**

**Office Hours:** M-F 9am-5pm

Offers prevention oriented programs for needy youth after school, evenings and during the summer, including tutoring, character building, education, drug prevention, family life skills and education.

### **Child Protective Services-Social Services**

**Phone: (336) 242-2500 Lexington, (336) 474-2760 Thomasville**

### **Children's Dental Clinic**

### **Davidson Health Services**

**Phone: (336) 243-3201**

420 N. Salisbury Street, Lexington, NC 27292

Monday, Tuesday, Wednesday, 8:00am-5:30pm

Friday 8am-2:30pm

Comprehensive dental care for ages 0-17  
Medicaid, Health Choice, Pvt. Insurance and self-pay accepted.

### **Children's Developmental Services Agency (CDSA):**

**Phone: (336) 744-2410**

Coordinating agency for Early Intervention Services. Children are evaluated by a team of experienced child development specialists, to determine eligibility for the Infant-Toddler Program (ITP). The CDSA also houses the KIDS EAT program for children with feeding disorders.

### **Children with Special Health Care Needs**

### **Helpline**

DHHS Office; 1904 Mail Service Center, Raleigh, NC 27699-1904

**Phone: 1-800-737-3028**

Hours: M-F 8am-4:30pm

For children with disabilities. Information and referral.

### **Comp Rehab Plaza**

131 Miller Street, Winston-Salem, NC 27103

**Phone: (336) 716-8200**

### **Communities in Schools of**

### **Lexington/Davidson County**

6-B East 4th Street

Lexington, NC 27292

**Phone: (336) 242-1520**

**Office Hours:** M-F 8:30am-5pm

### **Communities in Schools of Thomasville**

400 Turner Street

Thomasville, NC 27360

**Phone: (336) 474-4233**

**Office Hours:** M-F 8am-5pm

Links at-risk students with mentors and assists in bringing resources into the schools (including school supplies, clothing, and medical referrals).

Provides college, career and scholarship counseling for high school students.

### **Davidson County Child Support Enforcement Unit**

**Lexington Office:** 913 Greensboro St. Lexington, NC 27293

**Phone: (336) 242-2500**

**Thomasville Office:** 211 West Colonial Drive  
Thomasville, NC 27360

**Phone: (336) 474-2760**

Assist in obtaining court-ordered child support payments from an absent parent.

### **Family Health Resource Line**

**Phone: 1-800-367-2229**

### **Smart Start of Davidson County**

306 E. US Hwy 64, Lexington, NC 27292

**Phone: (336) 249-6688**

### **Fetal Alcohol & Drug Prevention Program**

NC Teratogen Information Service and Fetal Alcohol Prevention Program

Bowman Grey School of Medicine, Winston-Salem 27157-1081

**Phone: (336) 748-3960**

[www.ncpregnancy.org](http://www.ncpregnancy.org)

**Phone: 1-888-810-2800**

Evaluation & follow-up; counseling, information & referral.

### **Gateway Education Center**

3205 E. Wendover Ave, Greensboro, NC

**Phone: (336) 375-2575**

Services help children, their families and service providers select and use the appropriate tools based on a child's individual needs. This center can provide consultation and technical assistance to families and programs, equipment loans and

demonstration, resource library and training workshops

**Head Start**

13 Talbert Blvd Lexington, NC 27292

**Phone: (336) 249-4034**

406 Duke St, Thomasville NC 27360

**Phone: (336) 475-4700**

Child development program, ages 6 weeks to 4 years.

**Juvenile Service Division**

15 E 2nd Ave. Lexington NC 27292.

**Phone: (336) 249-2197**

Information & referral; file juvenile petitions, court counselors.

**Residential & services** for children/families experiencing family breakdown:

**American Children's Home** - 3844 NC Hwy 8, Lexington, NC 27292 Administrative Office:

**Phone: (336) 357-7126**

**Outlet Store:** 103 East Center Street, Lexington, NC 27292

**Phone(s): (336)249-2260**

**Baptist Children's Home of NC, Inc.**

201 Idol St., Thomasville, NC 27360

**Phone: 336-474-1200**

**School Readiness-Parents as Teachers**

**Phone: (336) 472-4666**

Provides timely information on child development. It involves parents in parent-child activities that encourage language development, intellectual growth, social development and motor skill development.

**Youth Villages**

7900 Triad Center Dr., Suite 350, Greensboro, NC 27409

**Phone: 336-931-1800**

[www.youthvillages.org](http://www.youthvillages.org)

Youth Villages provides in-home services to youth, families, and young adults in Davidson County. The YVLifeSet program supports former foster youth and other vulnerable youth ages 16-22, to identify their goals and guide them as they strive to finish high school or earn a GED, apply for college, find suitable and stable housing, learn money management skills, find and maintain employment, access community resources, and establish life-long connections with caring adults. Youth Villages' MST program provides intensive family therapy.

**CHORE AND HOME MAKER SERVICES**

**Davidson County Senior Services**

**Lexington Office:** 555-B West Center Street Extension, Lexington, NC 27295

**Thomasville Office:** 211 W. Colonial Drive, Thomasville, NC 27360

**Phone: (336) 242-2290 – Lexington**

**(336) 474-2754 – Thomasville**

[www.co.davidson.nc.us/seniorservices](http://www.co.davidson.nc.us/seniorservices)

**Hours:** Monday-Friday: 8:00am – 5:00pm

Provides in-home care including home management, personal care, and respite for seniors age 60 and over in Davidson County.

**Davidson County Social Services Chore Services**

913 Greensboro Street, Lexington, NC 27292

**Phone: (336) 242-2500 – Lexington**

**(336) 474-2760 – Thomasville**

[www.co.davidson.nc.us/DSS](http://www.co.davidson.nc.us/DSS)

**Hours:** Monday-Friday: 8:00am – 5:00pm

**North Carolina Baptist Aging Ministry (NCBAM – Volunteer Program)**

P.O. Box 338, Thomasville, NC 27361

**Phone: 1-877-506-2226**

[www.ncbam.org](http://www.ncbam.org)

**Hours:** Monday-Friday: 9:00am – 5:00pm

NCBAM provides volunteers (when able) to assist seniors age 65 and over with various services.

**CLERK OF SUPERIOR COURT**

110 W Center Street

Lexington, NC 27293-1064

**Phone: (336) 242-6701**

**Office Hours:** M-F 8am-5pm

All matters pertaining to the court system; civil (249-3849), criminal (249-0351), estates (224-2148), juvenile, passports, fines, court costs, alimony and support (224-2150), special proceedings, jury, mental commitments, court dates, small claims and records of such.

**Service Area:** Davidson County

**COMMUNITY ACTION**

911 South Talbert Blvd.

Lexington, NC 27292

**Phone: (336) 249-0234**

**Office Hours:** M-F, 8am-5pm

Provides a comprehensive service to certain low and moderate income persons who desire to become self-sufficient. Also provides housing counseling and a food pantry.

## **CONSUMER INFORMATION**

### **AARP**

1513 Sunday Drive, Suite 312, Raleigh, NC 27607

**Phone: (866) 389-5650**

**[www.aarp.org/nc](http://www.aarp.org/nc)**

Information and member benefits for age 50 and over. Annual membership fee of \$16 per person. Advocates for and educates seniors.

### **Better Business Bureau**

**[www.bbb.org](http://www.bbb.org)**

**Phone: (703) 276-0110**

### **Better Business Bureau of Northwest NC**

**<http://nwnc.bbb.org>**

500 W. Fifth Street, Winston-Salem, NC

**Phone(s): (336) 725-8346; 1-800-777-8348**

### **Chamber of Commerce**

**Phone(s): Denton (336) 859-5922; Thomasville (336) 475-6134; Lexington (336) 248-5929;**

Promote the Community.

### **Charities:**

#### **NC Solicitations Licensing Board**

**[www.csl@sosnc.com](mailto:www.csl@sosnc.com)**

**Phone(s): (919) 733-4510; 1-888-830-4989**

#### **Philanthropic Advisory Service**

**[www.bbb.org/us/charity](http://www.bbb.org/us/charity)**

**Phone: (703) 276-0100**

#### **National Charities Info. Bureau**

**Phone: (212) 929-6200**

To find out if a charity is legitimate.

#### **Consumer Credit Counseling**

**Phone: (336) 764-2323-Lexington**

**(336) 769-9562-Thomasville**

**(336) 773-7010-Winston-Salem**

#### **Consumer Credit Counseling Services**

8064 North Point Blvd., Winston-Salem, NC

**Phone: (336) 896-1191**

#### **Consumer Product Safety Commission**

**[www.cpsc.gov](http://www.cpsc.gov)**

**Phone: 1-800-638-2772**

#### **Davidson County Regional Contact**

##### **Information**

537 College Street, Asheville, NC 28801

**Main Office Location:** 1201 Mail Service Center, Raleigh, NC 27699

**Phone: (828) 251-6483**

**[www.ncdoi.com](http://www.ncdoi.com)**

**Hours:** Monday-Friday: 8:00am – 5:00pm

##### **Fraud/Scam:**

#### **National Fraud Information Center**

**Phone: 1-800-876-7060**

#### **NC State Attorney General & Consumer Protection Agency**

9001 Mail Service Center, Raleigh, NC 27699

**[www.ncdoi.gov](http://www.ncdoi.gov)**

**Phone: (919) 716-6400**

To check out organizations.

#### **NC Department of Insurance**

Questions and filing complaints.

**Phone: 1-800-546-5664**

## **COOPERATIVE EXTENSION**

301 E. Center St., Lexington, NC 27292

**Phone: (336) 242-2080**

1450 Fairchild Drive, Winston-Salem, NC 27105

**Phone: (336) 661-1069**

Educational information - Financial counseling, economics, & agriculture.

## **COUNSELING AND SUPPORT SERVICES**

### **ACTT Rowan and ACTT Davidson**

2710-C South Main Street

Salisbury, NC 28146

**Phone: (704) 983-4157**

Assertive Community Treatment Team Services to Adults with Severe Mental Illness

### **Alcoholics Anonymous**

**Phone: (336) 249-6636**

### **Behavior Resources**

417 N. Main St. Suite C1, Salisbury, NC

**Phone: (704) 636-9550**

Psychological testing & IQ Testing

### **Cancer Services of Davidson County**

25 W. 6<sup>th</sup> Avenue, Lexington, NC 27292

**Phone: (336) 249-7265**

### **Cardinal Innovations**

**Phone: 1-800-939-5911 24/7/365**

**[www.cardinalinnovations.org](http://www.cardinalinnovations.org)**

Managing mental health, intellectual/other developmental disabilities and substance use/addiction disorders for children and adults.

### **CareNet Counseling**

250 Hospital Dr., Rm. #414, Lexington, NC

**Phone: (336) 238-4763**

Provides spiritually-integrated outpatient mental health services for children through adults. Located in Lexington Hospital.

### **Nazareth Child and Family Connection**

16 E. Center Street, Lexington, NC 27292

**Phone: (336) 300-7614**

**[www.nazch.com](http://www.nazch.com)**

Nazareth Child and Family Connection is an outpatient clinic serving individuals with mental health, substance abuse, and developmental disability needs. Nazareth Child and Family

Connection on operates daily by appointment, though emergency walk-ins may be accommodated as needed. Hours of operation are flexible to assure that patients receive services at the times most often requested.

**Consumer Planning and Support Services**

820 Grimes Blvd, Lexington, NC 27292

**Phone: (336) 224-6730**

Case management services to adults with Mental Health issues, Substance Abuse, or Developmental Disabilities.

**Daymark Recovery Services, Inc.**

1104-A South Main Street, Lexington, NC 27292

**Phone: (336) 242-2450**

[www.daymarkrecovery.org](http://www.daymarkrecovery.org)

Provides outpatient therapy for aged 4 and up with individual, group and family therapy for mental health and substance abuse disorders; intensive in-home services; in-school day treatment; specialized assessments; emergency/crisis services 24/7/365.

**Family Services of Davidson County, Inc.**

1303 Greensboro Street Ext. Lexington, NC 27292

**Phone(s): (336) 249-0237-Lexington; (336) 476-0050-Thomasville**

[www.fsdco.org](http://www.fsdco.org)

Domestic Violence and Sexual Assault Counseling Center.

**Green Center of Growth and Development**

16 E. Center St Lexington NC 27292

**Phone: (336) 224-2203**

25 West Guilford Street, Thomasville, NC 27360

**Phone: (336) 472-4459**

DWI, Drug and Alcohol Assessments, Marriage and Family counseling, Out-Patient Treatment

**High Point Behavioral Health**

**Phone: 1-800-525-9375**

**Hospice of Davidson County**

[www.hospiceofdavidson.org](http://www.hospiceofdavidson.org)

200 Hospice Way, Lexington, NC 27292

**Phone(s): (336) 475-5444, 1-800-768-4677**

**Lexington Assessment Center**

WFBH Medical Center, Old Salisbury Rd. (PO Box 1817) Lexington, NC 27293

**Phone: (336) 248-5161, ext. 578**

Psychological & chemical dependency assessments.

**Lexington Treatment Associates**

310 Murphy Drive, Lexington, NC 27295

**Phone: (336) 224-1919**

Intake days – Monday, Tuesday, Thursday, Friday between 5:00am-6:00am - \$20 fee

**Lifeskills Counseling Center**

9 West Third Street, Lexington, NC 27292

**Phone: (336) 224-0863**

411 Waughtown Street, Suite B, Winston-Salem, NC

**Phone: (336) 631-8904**

Substance Abuse Assessments and Treatment, Individual Counseling, Anger Management Treatment, Domestic Violence Counseling:

**Lifeworks-Behavioral Health Services**

612 Mocksville Ave. Salisbury, NC 28144

**Phone(s): 1-888-557-6926 or (704) 210-5302**

Free confidential assessment/screening & referral, medical detoxification, inpatient chemical dependency services.

**Monarch Behavioral Services, Inc**

820 Grimes Blvd., Lexington, NC 27292

**Phone(s): (336) 224-6071 or new patients (866) 272-7826**

[www.monarchnc.org](http://www.monarchnc.org)

Provides support and services to people with developmental disabilities, mental illness, substance abuse and co-occurring disabilities.

**Novant Health Thomas Medical Center Geriatric Behavioral Health**

207 Old Lexington Road, Thomasville, NC 27360

**Phone: (336) 476-2446**

## **CRISIS ASSISTANCE**

**American Red Cross**

815 Phillips Ave, High Point NC 27262

Lexington, Thomasville, Archdale, Trinity and High Point areas.

**Phone(s): (336) 248-2205 (336) 885-9121**

**Hotline Phone(s): (336) 248-5580**

Provides assistance to individuals in emergency disaster/fire situations & reaching military personnel in case of emergency

**Cooperative Community Ministry**

10 W. Guilford Street, Thomasville, NC 27360

**Phone: (336)476-1842**

**Office Hours:** Monday, Tuesday, Thursday and Friday 8:00-12:30 & Wednesday 11:30-3:30

Thomasville area; food bank, referral.

**Crisis Ministry of Davidson County –**

**Office Address:** 112 E 1<sup>st</sup> Ave. **Mailing**

**Address:** 107 E 1<sup>st</sup> Ave Lexington, NC 27292

**Phone(s): (336) 248-6684**

**Department of Social Services**

913 Greensboro Street, Lexington, NC 27292

**Phone: (336) 242-2500**

211 Colonial Drive, Thomasville, NC 27360

**Phone: (336) 242-2500**

**Family Resource Centers (FRC) -** Food bank, referral, counseling:

**Fairgrove FRC**

159 Myrtle Drive, Thomasville, NC 27260

**Phone: (336) 472-7217**

Intensive family services, clothes closet, GED, limited transportation, parents as teachers program, & family empowerment.

**Open Hands of Davidson County**

100 E. First Avenue, Lexington, NC 27292

**Phone:** (336) 242-6142

Serves meals to the homeless/low income citizens, provides sleeping mats, non-perishable food boxes (enough food for 1-2 weeks), sleeping supplies for individuals living on the streets and tents to the homeless, offers a mobile accessory clothing closet.

**South Davidson FRC - (Smart Start)**

338 West Salisbury St. Denton, NC 27239

**Phone(s): (336) 859-5399**

**911**

Provides ambulance service for Davidson County. Also provides information about emergency preparedness for natural and other disasters.

**Salvation Army**

314 W. Ninth Ave., Lexington, NC 27292

**Phone: (336)249-0336**

10 Pine Street Thomasville, NC 27360

**Phone: (336) 472-7800**

**Office Hours:** Mon-Fri 9am- 4:30pm

**Social Service Hours:** Mon-Fri 9am-4pm

**Soup Kitchen and Thrift Store**

524 South Main Street, Lexington, NC 27292

**Phone: (336) 249-4458**

**Boys/Girls Club –Lexington**

**Phone: (336) 249-0336**

**Boys/Girls Club-Thomasville**

**Phone: (336) 472-7800**

**Thrift Store**

13 Cloniger Street Thomasville, NC 27360

**Phone: (336)476-5364**

Provides assistance with payment of rent, utilities, medicines, & food. Clothing voucher, Summer Camp for Children.

**DAVIDSON COUNTY 4-H PROGRAM**

301 East Center Street, Lexington, NC 27292

**Phone: (336) 242-2085**

**Office Hours:** M-F 8am-5pm

**Eligibility:** Youth ages 5-19.

A non-formal educational program offered to help children develop living skills necessary to participate as active citizens. Utilizes research based curriculum and attitudes. Programs are offered through in-school classes and out-of-school settings as well.

**DAVIDSON COUNTY ANIMAL SHELTER**

490 Glendale Road, Lexington, NC 27292

**Phone: (336) 357-0805**

**Office Hours:** M-F 10am-5pm

Stray animal pick up, and available for adoption.

**Fees:** Adoptions: \$95 for dogs and \$75 for cats.

**Animal Control**

**Phone:** (336) 249-0131

**Human Society**

**Phone:** (336) 248-2706

**DAVIDSON COUNTY COMMUNITY COLLEGE**

297 DCCC Road

Lexington, NC 27295

**Phone: (336) 249-8186, Davie Campus (336) 751-2885, Davie Education Center-Advance (336) 998-3220, Uptown Lexington Education Center-209 1<sup>st</sup> Street- (336) 238-0969, Thomasville Education Center-305 Randolph Street- (336) 476-7891**

**Office Hours:** M-Tu, 8am-7pm; W-F, 8am-5pm

Davidson County Community College is a comprehensive provider of workforce education and training for individuals and employers in the county. Opportunities include classes to improve basic literary skills, provide job skills and knowledge, lead to associate degrees, diplomas and certificates in a wide variety of program areas, and prepare for transfer to senior colleges and universities. In addition to a wide variety of courses, workshops, seminars, and programs which are scheduled each term in response to community needs, the college provides custom-design job training programs to meet specific needs of employers. Support services such as counseling, career planning, child care, financial aid, job placements, testing, tutoring and veterans to assist students.

**Adult Basic Education (ABE) Classes**

**Phone: (336) 224-4571**

**Office Hours:** M-Tu, 8am-7pm; W-F, 8am-5pm

Adult Basic Education (ABE) is designed to instruct adults of all ages who did not complete their education through the public schools.

**Eligibility:** Adults age 18 and older who did not complete their education through the public schools

**English as a Second Language (ESL)**



**Phone: (336) 224-4573**

**Fees:** None.

**Eligibility:** Adults age 18 and older and whose native language is not English.

**General Education Development (GED)**

**Phone: (336) 224-4571**

**Fees:** \$25.00 GED testing fee.

**Eligibility:** Adults age 18 and older and who did not complete their education through public schools.

**Intake procedure:** Registration through the admissions office.

**Real Education Achievements for Life Program (Get Real)**

220 E. 1<sup>st</sup> Street Ext., Lexington, NC

**Phone: (336) 242-2217**

## **DAVIDSON MEDICAL MINISTRIES CLINIC/ DAVIDSON HEALTH SERVICES**

420 N. Salisbury Street  
Lexington, NC 27292

**Phone (336) 243-7475; Fax: (336) 249-6771**

**Office Hours:** Monday- Thursday 8am-5pm,  
Friday 8am-1pm by appointment

Serves all ages

**Thomasville Clinic**

102 Forest Park Drive, Thomasville, NC 27360

**Phone: (336) 476-2800**

**Office Hours:** Monday 8-5, Tuesday 8-6 by appointment. Children must be over 5 years old. Provides Primary Medical Care. Limited adult dental care, behavior health and pharmacy services to primary care patients only. Bilingual staff available at all sites.

**\$15 Co-pay for uninsured, self-pay patients  
Accepts Medicaid, Medicare and Private  
Insurance along with uninsured self-pay**

**Children's Dental Clinic**

**Phone: (336) 243-3201**

32 Kirkwood Avenue, Lexington

Monday through Thursday, 8:00am-5:30pm

Ages 0-17. Accepts Medicaid, Health Choice, Private Insurance and self-pay.

**Uninsured Patient Eligibility:** Davidson County resident, under 200% federal poverty level for household size. **Intake procedure:** Eligibility appointments made prior to other services. Must provide proof of monthly income and expenses.

## **DEAF AND HEARING IMPAIRED**

**Davidson County Services for the Deaf and Hard of Hearing**

8 Franklin Street, Lexington, NC 27292

**Phone: (336) 899-8331 or (336) 899-7059**

**TTY: (336) 224-5048**

[www.sdhhdc.org](http://www.sdhhdc.org)

**Hours:** Monday-Friday: 8:00am – 12:00pm, after hours leave a voice message for a call back

**NC Division-Services for Deaf and HOH,  
Greensboro Regional Center**

122 North Elm Street, Suite 900, Greensboro, NC 27401

**Phone: (336) 273-9692**

**Toll-Free Voice: 1-888-467-3413**

**Video Phone: (336) 429-5644**

[www.ncdhhs.gov/dsdhh/rrc/greensboro/greensboro.htm](http://www.ncdhhs.gov/dsdhh/rrc/greensboro/greensboro.htm)

**Hours:** Monday-Friday: 8:00am – 5:00pm

Helps advocate for the rights and needs of individuals who are deaf, hard of hearing or deaf-blind; assist with communication needs.

## **DENTAL SERVICES**

**Davidson Medical Ministries Clinic**

32 Kirkwood Avenue, Lexington, NC 27292

**Phone: (336) 243-7475**

[www.davidsonmedicalministries.org](http://www.davidsonmedicalministries.org)

**Hours:** Children ages 0-17 - Monday-Thursday, 8:00-5:30 p.m. Adult patients of Medical Ministries - Friday: 8:00am – 5:00pm

**ECU School of Dental Medicine: Davidson  
Community Service Learning Center**

1235 Davidson Community College Road,  
Thomasville, NC 27360

**Phone: (336) 236-0165**

[www.ecu.edu/cs-dhs/dental/pc-davidsoncounty.cfm](http://www.ecu.edu/cs-dhs/dental/pc-davidsoncounty.cfm)

**Hours:** Monday-Friday: 8:00am – 5:00pm

Faculty, student, and resident providers offer comprehensive general dental services for adults, children, and special needs patients.

**North Carolina Donated Dental Services (DDS)**

1800 15<sup>th</sup> Street, Suite 100, Denver, CO 80202

**Phone: (877) 650-9001**

[www.dentallifeline.org](http://www.dentallifeline.org)

DDS volunteers provide comprehensive treatment to eligible patients.

**North Carolina Missions of Mercy (NCMOM)  
Dental Clinics**

1600 Evans Road, Cary, NC 27513

**Phone: (919) 677-1396**

**Toll-Free: 1-800-662-8754**

**[www.ncdental.org/meetings-events/nc-missions-of-mercy](http://www.ncdental.org/meetings-events/nc-missions-of-mercy)**

Is a portable, free dental outreach program of the North Carolina Dental Society Dental Services are provided to adults with income less than 200% of the Federal Poverty Level Guidelines.

**Sandy Ridge-Dr.'s Affordable Dentures**

3911 Teamster's Place, Colfax, NC 27235

**Phone: (336) 546-6112**

**Toll-Free: 1-800-336-8873**

**[www.affordabledentures.com](http://www.affordabledentures.com)**

**Hours: Monday-Friday: 6:30am – 3:00pm**

Offers dentures at affordable rates.

## **DIABETES**

**American Diabetes Association**

**Phone: 1-800-343-2383**

**American Diabetes Association, NC Affiliate –**

1300 Baxter Street, Suite 150, Charlotte, NC

**Phone: (704) 373-9111**

**Dialysis Center, Lexington**

2318 Old Salisbury Rd., Lexington, NC 27292

**Phone: (336) 248-6808**

**Dialysis Center, Thomasville**

10 Laura Lane, Thomasville, NC 27360

**Phone: (336) 472-4500**

**Novant Health Thomasville Medical Center**

**Diabetes Support Group**

207 Old Lexington Road, Thomasville, NC 27360

**Phone: (336) 476-2880**

## **DISABILITY-RELATED SERVICES**

**Alzheimer's Association**

**Charlotte Office:** 3800 Shamrock Drive,  
Charlotte, NC 28215

**Greensboro Office:** 4615 Dundas Drive Suite  
103, Greensboro, NC 27407

**Phone: (704) 532-7390 – Charlotte**  
**(336) 285-5920 – Greensboro**

**Toll-Free: 1-800-228-8738**

**TDD: 1-866-403-3073**

**24/7 Crisis Line: 1-800-272-3900**

**[www.alz.org](http://www.alz.org)**

**Arc of Davidson County**

6 Vance Circle, Lexington, NC 27292

**Phone: (336) 248-2842**

**[www.arcnc.org](http://www.arcnc.org)**

**Hours: Monday-Friday: 8:30am – 5:00pm**

**CAP/DA (Community Alternative Programs for Disabled Adults)**

56 West Salisbury Street, Denton, NC 27239

**Phone: (336) 859-5555**

**[www.scsolutions.org](http://www.scsolutions.org)**

Allows eligible recipients to receive care at home rather than going into a nursing home.

**Easter Seals of North Carolina**

11635 North Main Street, Suite A, Archdale, NC 27263

**Phone: (336) 882-6600**

**[www.eastersealsucp.com](http://www.eastersealsucp.com)**

**Hours: Monday-Friday: 8:30am – 5:00pm**

**First in Families of the Southern Piedmont**

**Phone: (704) 261-1550**

**[www.fifnc.org](http://www.fifnc.org)**

Helps people with disabilities and their families to believe in their dreams, achieve their goals and give back to others.

**Independent Living Rehabilitation Services**

2201 Brewer Road, Winston Salem, NC 27127

**Phone: (336) 784-2700**

**Toll-Free: 1-877-699-7578**

**[www.ncdhhs.gov/dvrs/pwd/ils.htm](http://www.ncdhhs.gov/dvrs/pwd/ils.htm)**

**Hours: Monday-Friday: 8:00am – 5:00pm**

**Monarch of Davidson County**

820 Grimes Boulevard, Lexington, NC 27293

**Phone: (866) 272-7826**

**[www.monarchnc.org](http://www.monarchnc.org)**

**Hours: Monday-Thursday: 8:00am – 6:00pm**

**Friday: 8:00am – 3:00pm**

**NC Assistive Technology Project**

131 Miller Street, Winston Salem, NC 27103

**Phone: (336) 716-8030**

**[www.ncatp.org](http://www.ncatp.org)**

**Hours: Monday-Friday: 8:00am – 4:30pm**

Eligible clients can borrow technological resources for trial use at no charge; assessments also done for a fee

**NC License Plate Agency**

**Lexington Office:** 27 Plaza Parkway, Lexington,  
NC 27292

**Thomasville Office:** 1033 Randolph Street, Suite  
13, Thomasville, NC 27360

**Phone: (336) 248-2720 – Lexington**  
**(336) 476-5070 – Thomasville**

**[www.ncdot.gov/dmv/vehicle/plates/handicapped](http://www.ncdot.gov/dmv/vehicle/plates/handicapped)**

**Hours: Monday-Friday: 9:00am – 5:00pm**

Handicap sign or license plate.

**Social Security Administration**

1840 Jake Alexander Boulevard West, Salisbury,  
NC 28147

**Phone: 1-877-405-3157 or (704) 636-4394 –  
Salisbury**

**1-800-772-1213 or 1-800-325-0778 – National  
office**

**[www.ssa.gov](http://www.ssa.gov)**

**Hours: Salisbury Location: Monday-Tuesday:**

9:00am – 3:00pm; Wednesday: 9:00am – 12:00pm; Thursday-Friday: 9:00am – 3:00pm  
National Office: Monday-Friday: 7:00am – 7:00pm

**The Adaptables, INC.**

3908 Westpoint Boulevard, Suite B, Winston Salem, NC 27103

**Phone: (336) 767-7060**

[www.theadaptables.com](http://www.theadaptables.com)

**Hours:** Monday-Friday: 8:30am – 4:30pm

**The Job Accommodation Network (JAN)**

**Phone: 1-800-526-7234 or 1-877-781-9403**

[www.askjan.org](http://www.askjan.org)

**Hours:** Monday-Friday: 9:00am – 6:00pm

The leading source of free, expert, and confidential guidance on workplace accommodations and disability employment issues.

**Vocational Rehabilitation**

2201 Brewer Road, Winston Salem, NC 27127

**Phone: (336) 784-2700**

**Toll-Free: 1-977-699-7578**

[www.ncdhhs.gov/dvrs](http://www.ncdhhs.gov/dvrs)

**Hours:** Monday-Friday: 8:00am – 5:00pm

## **DOMESTIC VIOLENCE**

**Family Services of Davidson County, Inc.**

1303 Greensboro St. Ext., Lexington, NC 27295

**Phone: (336) 249-0237, (336) 476-0050, crisis line (336) 243-1934**

**Family Service of the Piedmont, Inc.**

1401 Long St, High Point NC 27260

**Phone: (336) 889-6161**

**Family Services Inc.**

1200 S. Broad Street, Winston-Salem NC 27103

**Phone: (336) 722-8173**

Shelter & counseling for victims of abuse. 24-hour crisis line, information & referral, court advocacy, & education.

## **EDUCATION**

**AARP**

1513 Sunday Drive, Suite 312, Raleigh, NC 27607

**Phone: (866) 389-5650**

[www.aarp.org/nc](http://www.aarp.org/nc)

Advocates for and educate seniors

**Alzheimer's Association**

**Charlotte:** 3800 Shamrock Drive, Charlotte, NC, 28215

**Greensboro:** 4615 Dundas Drive, Suite 103, Greensboro, NC 27407

**Raleigh:** 1305 Navaho Drive, Suite 101, Raleigh, NC 27609

**Phone: (704) 532-7390 – Charlotte**

**(336) 285-5920 – Greensboro**

**(919) 832-3732 – Raleigh**

**Toll-Free: 1-800-228-8738**

**TDD: 1-866-403-3073**

**24/7 Crisis Line: 1-800-272-3900**

[www.alz.org/northcarolina](http://www.alz.org/northcarolina)

Information and advice on care and support for those affected by Alzheimer's disease and other dementias.

**Davidson County Community College**

297 DCCC Road, Thomasville, NC 27360

**Phone: (336) 249-8186**

[www.davidsonccc.edu](http://www.davidsonccc.edu)

**Business Office Hours:** Monday-Friday: 8:00am – 5:00pm

**Davidson County Cooperative Extension Office**

301 East Center Street, Lexington, NC 27292

**Phone: (336) 242-2080**

[www.co.davidson.nc.us/CooperativeExtension](http://www.co.davidson.nc.us/CooperativeExtension)

**Hours:** Monday-Friday: 8:00 am – 5:00pm

**Davidson County Senior Services**

**Lexington Office:** 555-B West Center Street Extension, Lexington, NC 27295

**Thomasville Office:** 211 W. Colonial Drive, Thomasville, NC 27360

**Phone: (336) 242-2290 – Lexington**

**(336) 474-2754 – Thomasville**

[www.co.davidson.nc.us/SeniorServices](http://www.co.davidson.nc.us/SeniorServices)

**Hours:** Monday-Friday: 8:00am – 5:00pm

**Fairgrove Family Resource Center**

159 Myrtle Drive, Thomasville, NC 27360

**Phone: (336) 472-7217**

[www.fgfrc.org](http://www.fgfrc.org)

**Hours:** Monday-Thursday: 9:00am – 1:00pm

Parenting classes are held on Monday nights from 6:00pm – 8:30pm. Cost is \$30 per person; \$50 per couple.

**Family Services of Davidson County**

1303 Greensboro Street Extension, Lexington, NC 27295

**Phone: (336) 249-0237**

**24/7 Crisis Line: (336) 243-1934**

[www.fsdcc.org](http://www.fsdcc.org)

**Hours:** Monday-Thursday: 8:30am – 7:00pm

Friday: 8:30am – 3:00pm

Offers teaching individuals the skills to cope with difficulties, prevent everyday problems from becoming more serious, and expand communication skills.

**Novant Health Thomasville Medical Center**

207 Old Lexington Road, Thomasville, NC 27360

**Phone: (336) 472-2000**

[www.novanthhealth.org/thomasville-medical-center](http://www.novanthhealth.org/thomasville-medical-center)

**Hours:** 24/7

Diabetes Education Program

**Wake Forest Baptist Health – Lexington**

**Medical Center**

250 Hospital Drive, Lexington, NC 27292

**Phone: (336) 248-5161**

[www.lexington.wakehealth.edu](http://www.lexington.wakehealth.edu)

**Hours:** 24/7

Community health, library, diabetes education, health screenings

## **EMPLOYMENT**

### **Career Connections**

719 West Center Street, Lexington, NC 27292

**Phone: (336) 236-8020 or (336) 236-8023**

[www.goodwillnync.org/trainingCenters.cfm](http://www.goodwillnync.org/trainingCenters.cfm)

**Hours:** Monday-Friday: 8:30am – 4:30pm

Offers skills assessments, career counseling, resume and cover letter writing, assistance with applications, computers with high speed internet access and interview stimulators, project re-entry.

### **Community Action**

911 S. Talbert Blvd, Lexington, NC 27292

**Phone: (336) 249-0234**

Hours: Monday-Friday 8:00am-5:00pm

### **DavidsonWorks**

555-A W. Center Street Ext., Lexington, NC 27292

**Phone: (336) 242-2065**

211 W. Colonial Drive, Thomasville, NC 27360

**Phone: (336) 474-2655**

Assessment for employment, case management, scholarship programs for vocational, technical or occupational programs and GED.

### **Department of Social Services - Workfirst**

913 Greensboro Street, Lexington, NC 27292

**Phone: (336) 242-2500**

211 Colonial Drive, Thomasville, NC 27360

**Phone: (336) 474-2760**

### **Goodwill Career Connections**

40 E. 1<sup>st</sup> Avenue Lexington, NC 27292

**Phone(s): (336) 236-8020**

Employment readiness training. GED classes and Re-entry Program for persons recently released from incarceration. Services are available for any Davidson County resident. No fee for services.

**JobLink** - Program assists with Assessment of Skills, Job Search Assistance, Resume Preparation, Job Listings, Career Planning and Development, Connection to High School

Completion and GED, Occupation Skills Training for a Specific Career, Literacy Skills, and Unemployment Claims. Three locations

**Davidson County JobLink Information Site – DavidsonWorks**

555-A W. Center Street Ext., Lexington, NC

**Phone: (336) 242-2065**

**Thomasville JobLink Career Center -**

211 W. Colonial Dr, Suite 119, Thomasville, NC 27360

**Phone: (336) 474-2655**

Assessment for employment, case management, scholarship programs for vocational & technical or occupational programs and GED.

### **Vocational Rehabilitation**

414 Piedmont Dr. Lexington, NC 27292

**Phone: (336) 249-0241**

### **Winston-Salem Urban League**

201 West 5<sup>th</sup> Street, Winston Salem, NC 27101

**Phone: (336) 725-5614**

[www.wsurban.org](http://www.wsurban.org)

**Hours:** Monday-Friday: 9:00am – 5:00pm

Senior Employment Program

## **EMERGENCY NUMBERS**

### **Non-Emergency**

#### **Davidson County Ambulance**

**Phone: (336) 249-0131-Lexington**

**Phone: (336) 474-2742-Thomasville**

**Phone: (336) 859-2166-Denton**

#### **Davidson County Sheriff**

**Phone: (336) 242-2100-Lexington**

**(336) 474-2745-Thomasville**

**(336) 242-2100-Denton**

#### **Denton Fire Department**

**Phone: (336) 859-2221**

#### **Denton Police Department**

**Phone: (336) 859-2164**

#### **Lexington Fire Department**

**Phone: (336) 248-3935**

#### **Lexington Police Department**

**Phone: (336) 243-3300**

#### **Thomasville Fire Department**

**Phone: (336) 475-5524**

#### **Thomasville Police Department**

**Phone: (336) 475-7755**

#### **State Highway Patrol**

**Phone: (336) 249-0247**

#### **Carolinas Poison Center**

**Phone: 1-800- 222-1222**

## **END OF LIFE PLANNING**

### **Begin the Conversation**

**Phone: 1-877-473-4103**

**[www.begintheconversation.org](http://www.begintheconversation.org)**

An advance care planning program created to encourage the use of advance care directives. Helps everyone prepare for the unexpected, the goal is to encourage everyone to complete advance care directives with a focus on the value of conversations in advance care planning.

### **Got Plans?**

**Phone: 1-888-876-3663**

**[www.gotplans123.org](http://www.gotplans123.org)**

Their website provides forms, tips, and information on everything you need to know concerning planning for the end-of-life.

## **EYE**

### **Carolina Eye Association**

**Phone: 1-800-672-9503**

### **Community Low Vision Center**

7730 North Point Dr., Winston-Salem, NC

**Phone: (336) 245-5672**

Free comprehensive low vision exams and evaluations as well as optical aids for all NC students with low vision.

### **Lion's Club**

Eye exam, prescription glasses, or eye surgery for Club approved individuals. Call Services for the Blind for referral. (336) 242-2544.

### **National Center for Sight**

**Phone: 1-800-221-3004**

### **NC Division of Services for the Blind**

**Phone: 1-800-422-0373**

### **Services for the Blind-Lexington**

**Phone(s): (336) 242-2544**

## **FINANCIAL MANAGEMENT**

### **AARP**

1513 Sunday Drive, Suite 312, Raleigh, NC 27607

**Phone: (866) 389-5650**

**[www.aarp.org/nc](http://www.aarp.org/nc)**

### **Davidson County Community Action**

15 East Second Avenue, Lexington, NC 27292

**Phone: (336) 249-0234**

**[www.dccomunnityaction.org](http://www.dccomunnityaction.org)**

**Hours: Monday-Friday: 8:30am – 5:00pm**

**Hours for Food Assistance Program:**

Thursday's: 9:00am – 12:00pm and

2:00pm – 4:00pm (once a month per client)

Offers an Economic Self-Sufficiency program, which focuses on past due rent and utilities; food

assistance program available, and mortgage assistance.

### **Financial Pathways**

8064 North Point Boulevard, Suite 204, Winston Salem, NC 27106

**Phone: (336) 896-1191**

**[www.financialpaths.org](http://www.financialpaths.org)**

**Hours: Monday-Friday: 8:30am – 5:00pm**

Senior Money Management program for 60 years and older

### **Family Services Credit Counseling**

1303 Greensboro Street Extension, Lexington, NC 27293

**Phone: (336) 243-8111 or (336) 249-0237**

**24/7 Crisis Line: (336) 243-1934**

**[www.fsd.org](http://www.fsd.org)**

**Hours: Monday: 8:00am – 6:30pm**

Tuesday-Thursday: 8:00 am – 7:00pm

Friday: 8:00am – 5:00pm

## **FOOD RESOURCES**

### **Central United Methodist Church – Denton**

**(serves South Davidson residents only)**

276 W. First Street, Denton, NC 27239

**Phone: (336) 859-3502**

### **Cooperative Community Ministries:**

10 West Guilford Street, Thomasville, NC 27360

**Phone: (336) 476-1842**

### **Crisis Ministries:**

112 E. First Avenue, Lexington, NC 27292

**Phone: (336) 248-6684**

### **Davidson County Health Department – WIC**

**Program (Women, Infants, and Children)**

915 Greensboro Street, Lexington, NC 27292

**Phone: (336) 242-2330**

### **Fairgrove Family Resource Center:**

159 Myrtle Drive, Thomasville, NC 27360

**Phone: (336) 472-7217**

### **Greater Things Outreach**

6282 Old US Highway 52, Lexington, NC 27295

**Phone: (336) 619-0171**

### **The Father's Storehouse**

7 J.W. Thomas Way, Thomasville, NC 27360

**Phone: (336) 475-4357**

### **His Laboring Few Ministries**

812 Martin Luther King Dr., Thomasville, NC 27360

**Phone: (336) 475-2455**

Provides furniture and clothing

### **Meals on Wheels**

**Phone: (336) 248-8010 – Lexington**

**Phone: (336) 472-7532 – Thomasville**

### **North Lexington Baptist Church:**

**Phone: (336)248-6285-ask for Information & Referral. Homebound only.**

**Open Hands of Davidson County**

100 E. First Street, Lexington, NC 27292

Phone: (336) 242-6142

**The Pastors' Pantry:**

307 N. State Street

Phone: (336)249-8824

Provides assistance with food for Seniors, Seriously ill, or Disabled Adults.

**Salvation Army**

314 West Ninth Avenue Lexington, NC 27292

Phone: (336) 249-0336

10 Pine Street Thomasville, NC 27360

Phone: (336) 472-7800

**Senior Services Nutrition Program**

555 W. Center Street Ext., Lexington, NC 27295

Phone: (336) 242-2290

211 W. Colonial Drive, Thomasville, NC 27360

Phone: (336) 474-2754

**Shepherd's Inn**

310 Hinkle Street, Thomasville, NC 27360

Phone: (336) 240-3996

**Social Services – Food and Nutrition Services**

913 Greensboro Street, Lexington, NC 27292

Phone: (336) 242-2500

211 West Colonial Drive, Thomasville, NC 27360

Phone: (336) 242-2500

**South Davidson Family Resource Center**

338 West Salisbury Street, Denton, NC

27239

Phone(s): (336) 859-5399, Fax: (336)859-3093;

or 701 Watson Circle, Thomasville, NC

27360

Phone: (336)474-1200

**The Upper Room Food Pantry**

10545 NC Hwy 8, Suite D, Lexington, NC 27292

Monday and Wednesday 8:30 – 12:00

Phone: (336) 798-7777

**West Davidson Food Pantry**

4600 Old Hwy 64, West-Reeds Crossroads

Phone: (336) 787-4357

**HABITAT FOR HUMANITY**

**Lexington Habitat for Humanity**

4-E 3<sup>rd</sup> Ave, Lexington, NC 27293

Phone: (336) 249-4307

**Thomasville Habitat for Humanity**

Phone: (336) 476-7900

Home ownership opportunities for lower income families.

**HEALTH DEPARTMENT**

915 Greensboro Street

Lexington, NC 27292

Phone: (336) 242-2300-Main

(336) 242-2510-Appointments

Office Hours: M-F, 8am-5pm

[www.dchdnc.com](http://www.dchdnc.com)

Adult Health / health promotion program; child health programs; communicable disease control program; daycare inspection and regulations; family planning program; food, lodging and institutional sanitation program; health education program; immunization program to children and adults; inspection program - residential care; manufactured home parks and travel trailer parks program; prenatal program; public swimming pool program; rabies control program; school health program; sexually transmitted disease program; sickle cell program; solid waste program; support services for sudden infant death syndrome; tuberculosis program; vital statistics program; water supply program; WIC program.

**Fees:** Fees are determined by the services provided.

**Eligibility:** Some services are provided based on individual/family income.

**HEARING**

**Communication Services for the Deaf and Hard of Hearing**

Phone(s): Voice-(336) 275-8878; TTY- (336)274-1461

**Relay North Carolina**

[www.relaync.com](http://www.relaync.com)

Phone(s): Voice- 1-877-735-8200; TTY-1-800-735-2962; Spanish-1-877-825-2448

Telephone communication service for deaf & hard of hearing.

**Services for the Deaf & Hard of Hearing of Davidson County**

8 Franklin Street, Lexington, NC 27292

Phone: (336) 224-0116; TTY (336) 224-5048; (336) 899-7059

Help to get hearing aids, sign language, job counseling, interpreters, TTY, fax machine.

**Telecommunications Relay Service**

Phone(s): Voice 1-800-735-8262; TTY-1-800-735-2962

**TTY Directory Assistance**

Phone: 1-800-855-1155

**Thomasville Habitat for Humanity**

PO Box 1072 Thomasville, NC 27391

Phone: (336) 476-7900

## **HOME HEALTH AGENCIES**

**HOME HEALTH AGENCIES** -Provide nursing, home health aides, social work, personal care services, and therapy.

**Alpha Healthcare of the Carolinas, Inc.**

W. Center Street, Lexington, NC

Phone: (336) 224-2600

**Arcadia Health Care**

1033 Randolph Street, Thomasville, NC

Phone: (336) 474-1590

Non-medical home care service that provides temporary or long-term help with household duties. Services include light housecleaning, laundry, meal preparation, shopping, local transportation, pharmaceutical and medical services and daily phone calls. Respite services are also available.

**Adaptables, Inc.**

3908 Westpoint Blvd., Winston-Salem, NC

Phone: (336) 767-7060

**Advanced Home Care**

Phone(s): 1-800-868-8822 or (336) 883-8822

(High Point)

**Alpha Healthcare of the Carolinas, Inc.**

21 W. Second St., Lexington, NC

Phone: (336) 224-2600

**Amedisys Home Health**

524 Turner Street, Thomasville, NC

Phone: (336) 472-4449

**American Health & Home Care**

3750 Admiral Drive, High Point, NC

Phone: (336) 889-9900

**Apria Health Care**

Phone(s): 1-800-766-1111 or (336) 632-9556

**Bayada Nurses**

200 S. State Street, Lexington, NC

Phone: (336) 236-1000

**Brookdale Lexington**

161 Young Drive, Lexington, NC

Phone: (336) 238-1700

**Care Connection**

Phone: (336) 889-8446

**Care South Home Care Professionals**

725 W. Center Street, Lexington, NC

Phone: (336) 249-7813

**Comfort Keepers**

512 Klumac Road, Salisbury, NC 28146

Phone: (704) 630-0370

Non-medical in-home care licensed provider of CAP & PCS services.

**Home Health Professionals**

1594 Old US Hwy 52

Phone: (336) 249-0382

**Home Health Specialists**

Phone: (336) 896-0035

**House calls**

Phone: 1-800-533-5270

**Hospice of Davidson County**

[www.hospiceofdavidson.org](http://www.hospiceofdavidson.org)

200 Hospice Way, Lexington, NC 27292

Phone(s): (336) 475-5444, 1-800-768-4677

**Liberty Home Care & Hospice**

1007 Lexington Ave., Thomasville, NC

Phone: (336) 472-1080

**Medi Home Care**

100 E. 9<sup>th</sup> Ave., Lexington, NC

Phone: (336) 248-8220

**Nursefinders of Winston-Salem, Inc.**

Phone: (336) 794-4013

**Piedmont Christian Center**

Phone: (336) 883-6023

**Piedmont Crossing At Home**

100 Hedrick Drive, Thomasville, NC

Phone: (336) 474-3653

**Piedmont Home Care**

Phone: (336) 248-8212

**Superior Home Care Inc.**

101 W. Center Street, Lexington

Phone: (336) 237-1505

## **HOMELESS SHELTERS**

**Davidson County**

**Crisis Ministries Adult and Family Shelter**

Office Address: 112 E 1<sup>st</sup> Ave Lexington, NC 27292

Mailing Address: 107 E. 1<sup>st</sup> Ave. Lexington, NC 27292

Phone: (336) 248-5930 or (336) 248-6684

AM & PM meals only

**Shepherd's Inn Homeless Shelter**

310 Hinkle Street, Thomasville, NC 27360

Phone: (336) 240-3996

**Greensboro**

**Weaver House**

305 E Lee St. Greensboro, NC.

Phone: (336) 271-5975

Noon meals; singles only

**High Point**

**Open Door Ministries of High Point, Inc.**

400 N Centennial St. High Point, NC 27262

Phone: (336) 885-0191

Males only, PM meal, 2-week limit on stay.

**Salvation Army Shelter**

301 W. Green Dr. High Point, NC

Phone: (336) 881-5400

Meals, day care; no single men.

**Winston-Salem**

**Rescue Mission**

717 Oak St. Winston Salem NC 27101

**Phone: (336)723-1848**

3 meals, men only.

### **Salvation Army**

1255 N Trade St. Winston-Salem NC 17102

**Phone: (336) 761-0143**

Food and clothing. Forsyth residents only. No single men.

### **Samaritan Ministries**

1243 N. Patterson Ave, Winston-Salem, NC

**Phone: (336)748-1962**

## **HOME IMPROVEMENT AND REPAIR**

### **Lexington Housing Community Development Corporation (LHCD)**

[www.lexingtoncdc.com](http://www.lexingtoncdc.com)

16 E. Center Street, Lexington, NC 27292

**Phone: (336) 236-1675 or Fax: (336) 236-9408**

Provides home repair programs for elderly and/or disabled homeowners.

### **Piedmont Triad Regional Council**

**Phone: (336) 761-2111**

Weatherization of homes and heating appliance repair & replacement program. Names will be put on a waiting list.

## **HOSPICE**

### **Hospice of Davidson County**

[www.hospiceofdavidson.org](http://www.hospiceofdavidson.org)

200 Hospice Way, Lexington, NC 27292

**Phone(s): (336) 475-5444, 1-800-768-4677**

### **Hinkle Hospice House**

200 Hospice Way, Lexington, NC 27292

**Phone(s): (336) 474-2096, 1-800-768-4677**

### **Hospice of the Piedmont**

[www.hospice-careconnection.org](http://www.hospice-careconnection.org)

1801 Westchester Dr. High Point, NC 27262

**Phone(s): (336) 889-8446**

### **Hospice and Palliative Care Center**

101 Hospice Lane, Winston-Salem, NC 27103

**Phone: (336) 768-3972**

Provides care, equipment, funding, and assistance to terminally ill patients and their families.

### **Hospice of Rowan**

720 Grove Street, Salisbury, NC 28144

**Phone: (704) 637-7645 or (888) 876-3663**

### **Liberty Home Care & Hospice Services**

1007 Lexington Ave., Thomasville, NC 27360

**Phone: (336) 472-1080**

## **HOSPITALS**

### **High Point Behavioral Health**

601 N. Elm St. High Point 27262

**Phone(s): (336) 878-6098**

### **High Point Regional and Health System**

601 N. Elm St., High Point, NC 27262

**Phone: (336) 878-6000**

### **MED ZONE**

**Phone: (336) 472-2273**

### **Moses Cone Hospital and Cone Health**

1200 N. Elm St., Greensboro, NC 27401

**Phone: (336) 832-7000**

### **Novant Health Forsyth Medical Center**

3333 Silas Creek Parkway, Winston-Salem, NC 27103

**Phone: (336) 718-2000**

### **Novant Health Rowan Regional Medical Center**

612 Mocksville Ave., Salisbury, NC 28144

**Phone: (704) 210-5000**

### **Novant Health Thomasville Medical Center**

207 Old Lexington Rd, Thomasville, NC 27360

**Phone: (336) 472-2000**

### **Randolph Hospital**

364 White Oak Drive, Asheboro, NC

**Phone: (336)625--5151**

### **VA Hospital – Salisbury**

1601 Brenner Ave., Salisbury, NC 28144

**Phone: (704) 638-9000**

### **Wake Forest Baptist Health**

[www.wakehealth.edu](http://www.wakehealth.edu)

Medical Boulevard, Winston-Salem, NC 27157

**Phone: (336) 716-2011; Geriatric Clinic (336) 713-8917**

### **Wake Forest Baptist Health Lexington Medical Center**

250 Hospital Drive, Lexington, NC 27292

**Phone: (336) 248-5161**

## **HOUSING**

### **Crisis Ministry of Davidson County**

107 East First Avenue, Lexington, NC 27292

**Phone: (336) 248-6684**

[www.crisisministryofdavidsonty.com](http://www.crisisministryofdavidsonty.com)

Adult shelter is open from 6:00pm – 6:30am.

### **Family Services of Davidson County**

1303 Greensboro Street Extension, Lexington, NC 27295

**Phone: (336) 249-0237 or (336) 476-0050**

**24/7 Crisis Line: (336) 243-1934**

[www.fsd.org](http://www.fsd.org)

### **Green Hill Apartments**

309-D Ninth St., Lexington, NC 27292



**Phone: (336) 249-2568**

Persons 62 years of age or older

**Grimes School Apartments**

27 Hege Dr, Lexington, NC 27292

**Phone: (336) 248-8775**

Housing for elderly (55 or older) or handicapped.

**Habitat for Humanity**

**Phone:** Lexington (336) 249-4307; Thomasville (336) 476-7900

**Hilltop Terrace Apartments**

111 Carolina Ave., Lexington, NC 27292

**Phone: (336) 248-2868**

**Homeplace of Tyro School**

220 Tyro School Road, Lexington, NC 27295

**Phone: (336) 236-0056**

Persons 62 years of age or older.

**Kidron Korner**

500 Swing Dairy Rd., Lexington, NC 27292

**Phone: (336) 248-2298**

Elderly or mobility impaired physically handicapped.

**Lexington Housing Authority**

Office: 1 Jamaica Dr. (Eastview Terrace)

**Phone(s): (336) 249-8936**

Provides public housing for low-income people. (Section 8) Apartments at: Eastview; Helen Caple; Southside Village. (Takes applications on Tuesday's 9:00 to 12:00)

**Lexington Housing Community Development Corporation (LHCDC)**

[www.lexingtoncdc.com](http://www.lexingtoncdc.com)

11 West 3<sup>rd</sup> Street, Lexington, NC 27292

**Phone: (336) 236-1675**

LHCDC is a non-profit affordable housing agency. It provides homebuyer education for families in low to moderate-income households, provides financial assistance for qualified buyers and provides home repair programs for elderly and/or disabled homeowners. LHCDC also develops affordable housing for home ownership.

**Liberty Arms Apartments**

Liberty Drive, Thomasville, NC 27360

**Phone: (336) 475-6137**

Person age 62 and over, disabled, or handicapped.

**Mt. Moriah Manor**

202 Robert Floyd Dr., Lexington, NC 27292

**Phone: (336) 248-4612**

Housing for the Elderly.

**Piedmont Center United Church Retirement Homes, Inc.**

100 Hedrick Drive, Thomasville, NC, 27360

**Phone: 1-800-627-1236**

[www.piedmontcrossing.org](http://www.piedmontcrossing.org)

Persons age 62 and older, ability to live independently.

**Shepherd's Inn**

310 Hinkle Street, Thomasville, NC 27360

**Phone: (336) 240-4006**

Homeless shelter in Thomasville.

**Thomasville Church Homes**

904 Doak Street, Thomasville, NC 27360

**Phone: (336) 475-2827**

Low-income housing.

**Thomasville Housing Authority**

Office: 201 James Ave., Thomasville, NC 27360

**Phone: (336) 475-6137**

Provides public housing for low-income people.

(Section 8) Apartments at: Bisch Court, Dedmond Court, James Avenue, and Liberty Arms (elderly)

(Takes applications on Tuesday - Thursday's from 8:30 to 11:30 & 1:00 to 4:30)

**Tomlinson Hill Apartments**

305 Pineywood Rd., Thomasville, NC 27360

**Phone: (336)472-7853**

Rentals for person 62 years of age or older and low income.

Tuesday and Thursday 8:30am-4:30pm, Friday 12:30pm-4:30pm

**INFORMATION & REFERRAL CARELINE**

**AARP**

1513 Sunday Drive, Suite 312, Raleigh, NC 27607

**Phone: 1-866-389-5650**

[www.aarp.org/nc](http://www.aarp.org/nc)

**BenefitsCheckUp**

[www.benefitscheckup.org](http://www.benefitscheckup.org)

Is a free service of the National Council on Aging (NCOA); asks a series of questions to help identify benefits that could save you money and cover the costs of everyday expenses.

**Davidson County Public Library System**

[www.co.davidson.nc.us/library](http://www.co.davidson.nc.us/library)

Online information resources available on website.

**Denton Library**

310 West Salisbury Street, Denton, NC 27239

**Phone: (336) 859-2215**

[www.co.davidson.nc.us/library/DentonLibrary.aspx](http://www.co.davidson.nc.us/library/DentonLibrary.aspx)

**DIAL -Davidson Information Assistance Line**

602 S. Main St., Lexington, NC 27292

**Phone: (336) 242-2005**

Database of human service agencies. Tel-Med tape library.

**Information & Referral or complaints**

**Phone: 1-800-662-7030**

**Lexington Library**

602 S. Main Street, Lexington, NC 27292  
**Phone: (336) 242-2040**  
[www.co.davidson.nc.us/library/LexingtonLibrary.aspx](http://www.co.davidson.nc.us/library/LexingtonLibrary.aspx)

#### **North Davidson Library**

559 Critcher Drive, Welcome, NC 27374

**Phone: (336) 242-2050**

[www.co.davidson.nc.us/library/NorthDavidsonLibrary.aspx](http://www.co.davidson.nc.us/library/NorthDavidsonLibrary.aspx)

#### **Senior Services**

**Phone(s): (336) 242-2290-** Lexington; **(336) 474-2754-**Thomasville;

#### **Social Services**

**Phone(s): (336) 242-2500-** Lexington; **(336) 474-2760** Thomasville;

#### **NC Department of Insurance**

**Phone: 1- 800-546-5664**

Consumer Service. Life & Health, Property & Causality Specialist who assist individuals with insurance companies that are having problems with getting their claims processed.

#### **Seniors' Health Insurance Information Program (SHIIP)**

**Phone: (336) 243-3232**

SHIIP is a division of the NC Department of Insurance that provides free unbiased information and one-on-one counseling to assist when making decisions regarding the new Medicare Modernization Act. Housed at Davidson Medical Ministries Clinic.

## **INSURANCE**

#### **Department of Insurance**

**Phone: (919) 733-7349**

**Phone: 1- 800-546-5664-Consumer Service**

Long-term Care Insurance

#### **Seniors' Health Insurance Information Program (SHIIP)**

**Phone: (336) 243-3232**

## **LEGAL AID**

**Phone: (336) 249-7736**

Offers free civil legal services to low income people in the area of domestic abuse, employment, landlord problems, debt collection, collection of judgments, and repossession.

#### **Central Carolina Legal Services**

122 North Elm Street, Suite 700, Greensboro, NC 27401

**Phone: (336) 272-0148**

[www.legalaidnc.org](http://www.legalaidnc.org)

Must be 60 years of age or older.

#### **Family Services**

**Phone: (336) 249-0237**

#### **NC Department of Labor**

Mailing Address: 1101 Mail Service Center, Raleigh, NC, 27699

**Phone: 1-800-625-2267 or (919) 807-2796**

[www.nclabor.com](http://www.nclabor.com)

**Hours: Monday-Friday: 8:00am – 5:00pm**

#### **NC Lawyer Referral Service**

NC Bar Association, 8000 Weston Parkway, Cary, NC 27513

**Phone: 1-800-662-7660**

[www.ncbar.org/public-pro-bono/lawyer-referral-service-for-the-public](http://www.ncbar.org/public-pro-bono/lawyer-referral-service-for-the-public)

Is a nonprofit public service sponsored by the North Carolina Bar Association.

#### **The Elder Law Clinic, Wake Forest University School of Law**

1834 Wake Forest Road, Winston Salem, NC 27109

**Phone: (336) 758-5061**

[www.elder-clinic.law.wfu.edu](http://www.elder-clinic.law.wfu.edu)

Persons 60 years of age and older; income based.

## **LIBRARY**

#### **Davidson County Public Libraries**

##### **Denton Public Library**

310 W. Salisbury Street, Denton, NC 27239

**Phone: (336) 859-2215**

##### **Lexington Public Library**

602 South Main Street, Lexington, NC

**Phone: (336) 242-2040**

##### **North Davidson Public Library**

559 Critcher Road, Welcome, NC 27374

**Phone: (336) 242-2050**

##### **West Davidson Public Library**

246 Tyro School Rd., Lexington, NC

**Phone: (336) 853-4800**

##### **Thomasville Public Library**

14 Randolph Street, Thomasville, NC 27361

**Phone: (336) 474-2690**

Library services and materials, children and youth programs, copier, meeting facilities, AV equipment. Computer and Internet access provided.

##### **The Job Accommodation Network (JAN)**

**Phone: 1-800-526-7234**

**TTY: 1-877-781-9403**

[www.askjan.org](http://www.askjan.org)

Provides a free, online Americans with Disabilities Act Library.

### **West Davidson Library**

246 Tyro School Road, Lexington, NC 27295

Phone: (336) 853-4800

[www.co.davidson.nc.us/library/WestDavidsonLibrary.aspx](http://www.co.davidson.nc.us/library/WestDavidsonLibrary.aspx)

### **211 – United Way**

875 Walnut Street, Suite 150B, Cary, NC 27511

Phone: 1-888-892-1162 or 211

[www.unitedwaync.org/nc-2-1-1](http://www.unitedwaync.org/nc-2-1-1)

## **LONG TERM CARE FACILITIES**

(Rest Homes/ Homes for the Aged/Adult Care Homes; Family Care Homes/ Group Homes)

### **Brookstone Rest Home and Retirement Center**

2968 Salisbury Rd., Lexington, NC 27292

Phone: (336) 243-2500

Alzheimer Unit

### **Brookdale of Lexington**

161 Young Dr. Lexington, NC 27292; PO Box

1733, Lexington NC 27293

Phone: (336) 238-1700

Alzheimer's Unit

### **Clare Bridge of Winston-Salem**

275 S. Peace Haven Rd., Winston-Salem, NC 27107

Phone: (336) 768-9594

Rest Home for the memory impaired; **DOES NOT TAKE MEDICAID.**

### **Grayson Creek**

Old Hwy. 52 Welcome, NC

### **Hilltop Living Center**

592 Hilltop Dr., Linwood, NC 27299

Phone: (336) 853-8113

### **Kateland Family Care Home**

294 Old Hwy 109, Lexington, NC 27292

Phone: (336) 472-2745

6 bed home.

Phone: (336) 764-1056

### **Mallard Ridge/Assisted Living**

9420 N Hwy 150, Clemmons NC 27012

Phone: (336) 775-2205

Alzheimer's Unit, 100 Beds, 16 Special Care

### **Spring Arbor**

915 W. Cooksey Dr., Thomasville, NC 27360

Phone: (336) 472-7171

### **Westanna Family Care**

716 W. 5<sup>th</sup> Ave., Lexington, NC 27292

Phone: (336) 248-6489

## **LONG TERM CARE FACILITIES**

(Intermediate & Skilled Nursing Facilities)

### **Abbott's Creek and Rehab**

Phone: (336) 248-6644

### **Alston Brook** (Alzheimer's Unit)

4748 Old Salisbury Road, Lexington, NC 27295

Phone(s): (336) 956-1132

### **Brian Center Nursing Care**

279 Brian Center Dr., Lexington, NC 27292

Phone: (336) 249-7521

### **Lexington Health Care Center** (RH)

17 Cornelia Dr., Lexington, NC 27292

Phone: (336) 242-1349

TDD Line: (336) 242-1488

### **Liberty Wood Nursing Center** -

1028 Blair St., Thomasville, NC 27360

Phone: (336) 472-7771

### **Long-Term Care Ombudsman**

2216 W. Meadowview Rd., Greensboro, NC

Phone: (336) 294-4950

Works with consumers, concerned citizens, nursing & rest homes, & public agencies to enhance the quality of care & life of residents in long-term care facilities.

### **Mountain Vista Health Park** (RH)

106 Mountain Vista Rd., PO Box 1547, Denton, NC 27239

Phone: (336) 859-2181

### **Piedmont Crossing** (RH)

100 Hedrick Dr., Thomasville, NC 27360

Phone: (336) 472-2017

### **Pine Ridge Health and Rehab of Davidson**

(Alzheimer's Unit)

706 Pineywood Rd., Thomasville, NC 27360

Phone: (336) 475-8425

### **Spring Arbor**

915 W. Cooksey Drive, Thomasville, NC 27360

Phone: (336) 313-0224

## **MEALS**

### **Davidson County Department of Senior Services Meals on Wheels**

211 W. Colonial Drive, Thomasville, NC 27360

Phone: (336) 474-2757

Office Hours: M-F, 8am-5pm

Provide nutritious meals to homebound senior citizens (60 years old or older), who live within Davidson County and are unable to prepare or obtain and adequate and complete noon-time meal. There are 17 delivery routes. Meals are delivered by local volunteers Monday - Friday, but not on holidays or during inclement weather. Volunteers provide a daily check and brief friendly visit.

**Fees:** No fees charged.

**Eligibility:** Must be 60+ years, live within our serving area, have inability to obtain or prepare nutritious meals, and be homebound.

**Intake procedure:** Call Sabrina Orman or Ron Bellini

**Service Area:** Davidson County rural communities

### **Nutrition Sites**

211 West Colonial Drive  
Thomasville, NC 27360

**Phone: (336) 474-2757**

**Eligibility:** Must be 60+ and a resident of Davidson County

**Service Area:** Have 5 sites in the county (Lexington, Thomasville, Denton, Southmont and Welcome).

### **Meals on Wheels of Lexington**

104 E. Center Street, Lexington, NC 27292

**Phone: (336) 248-4934**

**Contact:** Bob Husted

**Eligibility:** Must live within the city limits of Lexington. Contact Bob Husted for more information.

### **Meals on Wheels of Thomasville**

PO Box 1821, Thomasville, NC 27360

**Phone: (336) 472-7532**

Delivers one meal a day Mon-Fri.

**Fee:** None

**Eligibility:** Have to be homebound with no one to prepare a meal. Call to discuss eligibility.

**Service Area:** 5 routes from Thomasville Medical Center and 1 from Piedmont Crossing. Must live within an hour's drive from departure sites.

## **MEDICAL SUPPLIES**

(Rent and sell)

### **Advanced Services**

713 N. Main St. High Point NC 27262

**Phone: 1-800-868-8822**

207-F S Westgate Dr., Greensboro, NC 27407

**Phone: 1-800-868-8822**

495K Arbor Hill Rd., Kernersville, NC 28274

**Phone: (336) 996-8822**

### **American HomePatient Inc.**

1209 N Fayetteville St. Asheboro NC 27203

**Phone(s): 1-800-682-8351 or (336) 625-1010**

### **American Legion**

**Phone: (336) 249-1437**

Can provide crutches, wheelchairs, and walkers.

### **Apria Health Care**

3187 Peters Creek Pkwy, Suite B, Winston-Salem, NC 27127

**Phone: (336) 771-8347**

**Area Pharmacies** (in phone book)

### **Avery Medical Inc.**

2515 Countryview Dr. Lexington, NC 27292

**Phone: 1-800-356-7969; (336) 744-6219**

### **Family Medical Supplies**

218 Anna Lewis Dr., Lexington, NC 27292

**Phone: (336) 248-3700**

### **Holladay Surgical Supply**

555-B West Center Street Ext., Lexington, NC

27292 **Phone: (336) 242-2290**

### **Tyro United Methodist Church**

4484 S NC Hwy 150, Lexington, NC 27292

**Phone: (336) 853-7459**

Loan Closet

## **MEDICATION DROP BOXES**

### **Davidson Medical Ministries Clinic**

420 N. Salisbury Street, Lexington, NC 27292

### **Novant Health Thomasville Medical Center**

207 Old Lexington Road, Thomasville, NC 27360

### **Thomasville Family Pharmacy**

1116 Lexington Avenue, Thomasville, NC 27360

### **Tyro Family Pharmacy**

4320 S. NC Highway 150, Lexington, NC 27295

## **MENTAL HEALTH**

### **Cardinal Innovations**

Cabarrus-Davidson-Rowan-Stanly-Union

**Phone(s): 1-800-939-5911** for 24-hour-7 day a week services.

[www.cardinalinnovations.org](http://www.cardinalinnovations.org)

### **Nazareth Child and Family Connection**

16 E. Center Street, Lexington, NC 27292

**Phone: (336) 300-7614**

[www.nazch.com](http://www.nazch.com)

### **Daymark Recovery Services – Davidson Center**

1104-A South Main Street, Lexington, NC 27292

**Office Hours:** M-F 8am-8pm

**Phone: (336) 242-2450**

**After-Hours: (800) 939-5911**

[www.daymarkrecovery.org](http://www.daymarkrecovery.org)

Outpatient mental health and substance abuse disorders with individual, group and family therapy for individuals from age 4 and up who have Medicaid, Medicare, commercial insurance or no insurance; includes specialized assessments, DWI services, medical services with psychiatrists and psychiatric nurse practitioners; intensive in-home services and in-school day treatment

services; emergency walk-in services  
**Family Services of Davidson County**  
1303 Greensboro Street Ext. Lexington, NC  
27292

**Phone: (336) 249-0237**

(24/7/365 Crisis Line for Domestic Violence and Sexual Assault Emergencies – **(336) 243-1934**  
Domestic Violence and Sexual Assault Counseling, Advocacy, Crisis Management and Support groups. Social Work Services for at-risk/delinquent youth and their families (includes an alternative classroom). Individual, couples, family and group counseling (some services provided at local schools). Anger Management Classes, Abuser Intervention Program, Parenting Classes

[www.fsd.org](http://www.fsd.org)

**Mobile Crisis Services**

**Phone: 1-800-939-5911**

(24/7/365 line for mental health crisis)

**Monarch Behavioral Service, Inc.**

820 Grimes Blvd., Lexington, NC 27292

**Phone: (336) 224-6071**

[www.monarchnc.org](http://www.monarchnc.org)

Provides support and services to people with developmental disabilities, mental illness, substance abuse and co-occurring disabilities. Outpatient individual and family therapy, medication management, and various group therapies. Some therapists are trauma trained for children & adolescents. Enhanced community services including Assertive Community Treatment Team (ACTT) for adults, Intensive In-Home Services (IIHS) and In-Home Therapy Services (IHTS) for children & adolescents, school-based services, and peer supports.

Routine Office Hours: Monday through Thursday – 8:00am to 6:00pm, Friday – 8:00am to 5:00pm

Open Access Walk-In Hours: Monday through Thursday – 8:00am to 3:00pm, Friday – 8:00am to 1:00pm

**Passageways Clubhouse**

220 E. 1<sup>st</sup> Street Ext, Suite 6, Lexington, NC  
27292

**Phone: (336) 242-2403**

PSR is designed to help adults with behavioral health challenges increase their ability to live independently, minimizing their need for ongoing professional intervention. We help people set and pursue their own personal goals and implement steps to manage their illness and everyday lives.

**RHA Behavioral Health Services**

219 LePhillips Court, Concord, NC 28025

**Phone: (704) 721-5551**

[www.rhbehavioralhealth.org](http://www.rhbehavioralhealth.org)

Dedicated to providing effective, high quality support to individuals with mental health, substance abuse and developmental disability needs. Services include Assertive Community Treatment Team, Clinical intake/diagnostic assessments, Community support team services, Dialectical Behavior Therapy, DWI services, Jail diversion, Substance abuse services for youth, Medical detoxification, Psychiatric evaluations, Substance abuse preventive services.

## **PARKS & RECREATION**

**Lexington:** 512 S. Hargrave, Lexington, NC

**Phone: (336)248-3960**

**Thomasville:** 1 East Main St., Thomasville, NC  
27360

**Phone: (336)475-4280**

**Davidson County:** 555-D W. Center St. Ext.,  
Lexington NC 27292

**Phone: (336)242-2285.**

Activities. Helps coordinate Senior Games.

**Denton:**

201 W. Salisbury Street, Denton NC 27239

**Phone: (336) 859-4231**

## **PREGNANCY**

**Alpha Pregnancy Support, Inc.**

19-B E. 2<sup>nd</sup> Avenue, Lexington, NC 27292

**Phone: (336) 272-1218**

**Office Hours:** M-F 9am-4pm

Free pregnancy tests, counseling services, support services (clothing, cribs, etc.), referrals for Adoption services, supply information regarding pregnancy, abortion, adoption, prenatal, postnatal and AIDS. Mom's support classes, abstinence education and biblical counseling. All services free and confidential.

**Florence Crittenden Services**

300 Blyth Blvd., Charlotte, NC 28236

**Phone: 1-800-448-0024**

**Infertility Clinics**

**UNC School of Medicine-Chapel-Hill**

**Phone: 1-800-872-1931**

**Wake Forest Baptist Health**

**Phone: (336) 716-2011**

## **RECREATION AND SELF-ENRICHMENT**

**Davidson County Recreation Department**

555-D West Center Street Extension, Lexington,  
NC 27295

**Phone: (336) 242-2285**

[www.co.davidson.nc.us/ParksandRecreation](http://www.co.davidson.nc.us/ParksandRecreation)

**Hours:** Monday-Friday: 8:00am – 5:00pm

**Lexington Parks and Recreation**

28 West Center Street, Lexington, NC 27292

**Phone: (336) 248-3960**

[www.lexingtonnc.net](http://www.lexingtonnc.net)

**Hours:** Monday-Friday: 8:00am – 5:00pm

**Thomasville Parks and Recreation**

1 East Main Street, Thomasville, NC 27360

**Phone: (336) 475-4280**

[www.thomasvillenc.gov/Departments/Recreation/Dept\\_Recreation.html](http://www.thomasvillenc.gov/Departments/Recreation/Dept_Recreation.html)

**Hours:** Monday-Friday: 8:00am – 5:00pm

## RESPITE CARE

**Carolina SeniorCare / PACE Program**

802 E Center Street, Lexington, NC 27292

**Phone: (336) 746-3500**

**Toll-Free: 1-888-351-7227**

[www.carolinaseniorcare.org](http://www.carolinaseniorcare.org)

**Hours:** Monday-Friday: 8:00am – 5:00pm

Program of all-inclusive care for the elderly age  
55 and over

**Davidson County Senior Services**

**Lexington Office:** 555-B West Center Street  
Extension, Lexington, NC 27295

**Thomasville Office:** 211 West Colonial Drive,  
Thomasville, NC 27360

**Phone: (336) 242-2290 – Lexington  
(336) 474-2754**

[www.co.davidson.nc.us/SeniorServices](http://www.co.davidson.nc.us/SeniorServices)

**Hours:** Monday-Friday: 8:00am – 5:00pm

Respite relief can be provided for caregivers who  
provide 24/7 supervision to an adult 60 years of  
age and older.

**The Life Center of Davidson County**

601 West Center Street, Lexington, NC 27292

**Phone: (336) 249-2155**

[www.lifecenterdavidson.com](http://www.lifecenterdavidson.com)

**Hours:** Monday-Friday: 8:00am – 5:00pm

Quality daytime care for older adults and impaired  
adults.

## SENIOR SERVICES OF DAVIDSON COUNTY

555 West Center Street Ext., Lexington, NC  
27292

**Phone: (336)242-2290**

211 W. Colonial Dr., Thomasville, NC 27360

**Phone: (336)474-2754**

Lead Agency for Services for Seniors in Davidson  
County, home delivered meals, congregate  
nutrition sites, CAP/DA, in-home aides, care  
management, information & case assistance,  
senior games, Family Support Group, monthly  
senior publication, general advocacy for seniors,  
educational & social programming.

**Congregate Nutrition Sites (residents 60+):**

Denton Civic Center

459 Salisbury Street, Denton

336-859-254

First Baptist Church

404 Welcome-Arcadia Road, Lexington

336-731-8434

Lexington Senior Center

555-B West Center Street Ext., Lexington

336-236-3118

Southmont Community Center

184 Owens Road, Lexington

336-798-2667

Thomasville Senior Center

211 W. Colonial Drive, Thomasville

336-474-2754

## SOCIAL SECURITY

**Phone: 1-800-772-1213**

[www.socialsecurity.gov](http://www.socialsecurity.gov) or [www.ssa.gov](http://www.ssa.gov)

**Salisbury**

1840 Jane Alexander Blvd. Salisbury, NC 28146

**Phone: 1-877-405-3157**

**Winston-Salem**

5205 University Pkwy Winston- Salem, NC 27106

**Phone: (336) 767-3736**

**Greensboro**

6005 Landmark Center Blvd, Greensboro, NC  
27407

**Phone: (336) 854-1809**

## SOCIAL SERVICES (DSS)

913 N.Greensboro Street

Lexington, NC 27292

**Phone: (336) 242-2500**

211 West Colonial Drive

Thomasville, NC 27360

**Phone: (336) 242-2500**

**Office Hours:** M-F, 8am-5pm excluding Holidays

Provides opportunities which assure personal dignity and self-sufficiency for all citizens. Assists individuals and families in reaching these goals through economic support programs which ensure that food, shelter, medical care and other basic needs are met. Social work services promote self-determination, enhance family functioning and protect children and disabled adults from abuse, neglect and exploitation. Advocates for services which improve the quality of life for individuals and families, affirm each individual's worth, and encourage personal responsibility in decision making.

**Emergency assistance:** rent, medicine, utilities, heating, etc.; Eye certifications.

**Adoption and Foster Care:** Assists with adoption; becoming foster care parents;

**Adult:** Rest home/ nursing home inquiries/ placement. In-home aides; ADULT PROTECTIVE SERVICES; Medical Transportation; Services for the Blind; **Child Support Enforcement:**

**Children's Protective Services;**

**Food Stamp Program; Information & Referral;**

**Medicaid Program; Subsidized Child Care;**

**Work First Employment; Work First Family**

**Assistance (WFFA):** assistance for families and children.

## **SUBSTANCE ABUSE**

### **Cardinal Innovations**

**Phone: 1-800-939-5911** for 24-hour-7 day a week services.

**[www.cardinalinnovations.org](http://www.cardinalinnovations.org)**

### **Nazareth Child and Family Connection**

16 E. Center Street, Lexington, NC 27292

**Phone: (336) 300-7614**

**[www.nazch.com](http://www.nazch.com)**

Nazareth Child and Family Connection is an outpatient clinic serving individuals with mental health, substance abuse, and developmental disability needs. Nazareth Child and Family Connection operates daily by appointment, though emergency walk-ins may be accommodated as needed. Hours of operation are flexible to assure that patients receive services at the times most often requested.

### **Daymark Recovery Services – Davidson Center**

1104-A South Main Street, Lexington, NC 27292  
Office Hours: M-F 8am-8pm

**Phone: (336) 242-2450**

**[www.daymarkrecovery.org](http://www.daymarkrecovery.org)**

Outpatient continuum of care with DWI services, short-term and long-term groups and intensive outpatient; access to detox

### **Family Services of Davidson County**

1303 Greensboro Street Ext. Lexington, NC 27292

**Phone: (336) 249-0237**

**[www.fsdcc.org](http://www.fsdcc.org)**

### **Lexington Treatment Associates**

310 Murphy Drive, Lexington, NC 27295

**Phone: (336) 224-1919**

Intake days – Monday, Tuesday, Thursday, Friday between 5:00am-6:00am - \$20 fee; daily fee \$12  
Valid photo ID (state issued or military)  
Opioid use disorder treatment; Medication assisted treatment

### **Mobile Crisis Services**

**Phone: 1-800-939-5911**

(24/7/365 line for substance abuse crisis)

### **Monarch Behavioral Services, Inc**

820 Grimes Blvd., Lexington, NC 27292

**Phone(s): (336) 224-6071 or new patients (866) 272-7826**

**[www.monarchnc.org](http://www.monarchnc.org)**

Provides support and services to people with developmental disabilities, mental illness, substance abuse and co-occurring disabilities.

Outpatient individual and family therapy, medication management, and various group therapies. Enhanced community services including Assertive Community Treatment Team (ACTT) for adults, Intensive In-Home Services (IIHS) and In-Home Therapy Services (IHTS) for children & adolescents, school-based services, and peer supports.

Routine Office Hours: Monday through Thursday – 8:00am to 6:00pm, Friday – 8:00am to 5:00pm

Open Access Walk-In Hours: Monday through Thursday – 8:00am to 3:00pm, Friday – 8:00am to 1:00pm

### **Path of Hope Inc.**

1675 E. Center St. Ext. (PO Box 1824) Lexington, NC 27292

**Phone(s): (336) 248-8914 or (336) 249-7561**

**[www.apathofhope.org](http://www.apathofhope.org)**

Inpatient treatment for male & female substance abusers.

## **SUPPORT GROUPS**

**Alcoholics Anonymous** - (336) 249-8824

**Alzheimer's - Senior Services** (336) 242-2290

**Bereavement/Grief Support Group**

(336) 475-5444, 1-800-768-4677

**Cancer Services of Davidson County**

25 W. Sixth Avenue, Lexington, NC 27292

**Phone: (336) 249-7265**

**[www.carolinacancerservices.org](http://www.carolinacancerservices.org)**

Offers two support group meetings a month.

**Caregiver:**

601 West Center Street, Lexington, NC 27292

Senior Services (336) 242-2290

The Life Center (336) 249-2155

[www.lifecenterdavidson.com](http://www.lifecenterdavidson.com)

**Hospice of Davidson County**

200 Hospice Way, Lexington, NC 27292

Phone: (336) 475-5444 or 1-800-768-4677

[www.hospiceofdavidson.org](http://www.hospiceofdavidson.org)

Hours: Monday-Friday: 8:00am – 5:00pm

**Hospice and Palliative Care Center, Winston**

**Salem**

101 Hospice Lane, Winston Salem, NC 27103

Phone: (336) 769-3972

[www.hospicecarecenter.org](http://www.hospicecarecenter.org)

**Sexual Assault Response Program**

Phone: 1-800-QUIT-NOW (1-800-784-8669)

## **TRANSPORTATION**

**Davidson County Transportation Services**

Phone(s): (336) 242-2000-Lexington;

(336) 474-2648-Thomasville

Provides transportation to doctor's appointments, grocery, drug store & others for elderly & other agency specified clients.

**Social Services - Medical Transportation:**

Phone: (336) 242-2500-Lexington and

Thomasville

Some eligibility requirements.

**Express Taxi:**

Phone: (336) 472-5553-Thomasville

**PART-Piedmont Authority for Regional Transportation**

Phone: (336) 883-PART (7278)

Express Buses and Shuttles

Providence Transportation

Phone: (336) 472-7433

**Providence Transportation**

Phone: (336) 472-7433

**Senior Services – (age 60+)**

Phone: (336) 242-2290

## **UNITED WAY OF DAVIDSON COUNTY**

11 Court Square, Lexington, NC 27292

Phone: (336) 249-2532

Office Hours: M-F, 8:30am-5pm

United Way provides support to 31 member agency programs in Davidson County. This support includes financial support (through annual

campaign drive); start-up assistance through venture grants; volunteer recruitment through volunteer center functions; and management/financial consultant assistance if requested.

**NC 2-1-1**

[www.nc211.org](http://www.nc211.org) or

[www.unitedwaync.org/nc211](http://www.unitedwaync.org/nc211)

Phone(s): 211 or 1-888-892-1162

Find community health and human service

resources in your community. Free and

confidential and available in any language 24

hours a day, 365 days a year.

## **UTILITY ASSISTANCE**

**Cooperative Community Ministry**

10 West Guilford Street, Thomasville, NC 27360

Phone: (336) 476-1842

[www.ccmtville.com](http://www.ccmtville.com)

Hours: Monday-Thursday: 9:00am – 11:00am

and 1:00pm – 3:00pm

Friday: 9:00am – 1:30pm

Provides utility assistance for eligible applicants when funds are available. Requires a referral from Department of Social Services.

**Crisis Ministry of Davidson County**

107 East First Avenue, Lexington, NC 27292

Phone: (336) 248-6684 or (336) 248-5930

[www.crisisministryofdavidsoncounty.com](http://www.crisisministryofdavidsoncounty.com)

Hours: Monday-Friday: 8:00am – 5:00pm

**Davidson County Social Services, Emergency Assistance**

913 Greensboro Street, Lexington, NC 27292

Phone: (336) 242-2500 – Lexington

(336) 474-2760 – Thomasville

[www.co.davidson.nc.us/DSS](http://www.co.davidson.nc.us/DSS)

Hours: Monday-Friday: 8:00am – 5:00pm

Provides utility assistance to eligible applicants as long as funds are available; must have a cut off notice.

**Fairgrove Family Resource Center**

159 Myrtle Drive, Thomasville, NC 27360

Phone: (336) 472-7217

[www.fgfrc.org](http://www.fgfrc.org)

Hours: Monday-Thursday: 9:00am – 1:00pm

**Salvation Army, Lexington**

314 W. 9<sup>th</sup> Avenue, Lexington, NC 27292

Phone: (336) 249-0336, ext. 21

[www.salvationarmyusa.org](http://www.salvationarmyusa.org)

Hours: Monday-Friday: 8:00am – 5:00pm

**Salvation Army, Thomasville**

10 Pine Street, Thomasville, NC 27360

Phone: (336) 472-7800, ext. 21

[www.salvationarmyusa.org](http://www.salvationarmyusa.org)



Hours: Monday-Thursday: 1:00pm – 6:00pm

## **VETERAN ORGANIZATIONS**

### **American Legion**

100 Wilfred Ave Lexington, NC 27292

Phone: (336) 249-1437

Donations to veterans in distress; limited medical equipment loan closet.

### **NC4VETS**

Phone: (844) 624-8387

[www.nc4vets.com](http://www.nc4vets.com)

### **NC Division of Veterans Affairs**

325 North Salisbury Street, Raleigh, NC 27601

Phone: (919) 807-4250

[www.doa.state.nc.us/vets](http://www.doa.state.nc.us/vets)

Hours: Monday-Friday: 8:00am – 5:00pm

### **Salisbury National Cemetery**

501 Statesville Boulevard, Salisbury, NC 28144

Phone: (704) 636-2661

### **Skilled Nursing Care – NC State Veterans Home in Salisbury**

1601 Brenner Avenue, Building #10, Salisbury, NC 28144

Phone: (704) 638-4200

### **Veteran's Benefits**

Phone: 1-800-827-1000

[www.benefits.va.gov/compensation](http://www.benefits.va.gov/compensation)

### **VA Health Care Benefits**

Phone: 1-877-222-8387

TDD: 1-800-829-4833

[www.publichealth.va.gov/exposures/benefits/health-care.asp](http://www.publichealth.va.gov/exposures/benefits/health-care.asp)

### **VA Hospital, Salisbury**

1601 Brenner Avenue, Salisbury, NC 28144

Phone: (704) 638-9000 or (704) 638-3825

[www.salisbury.va.gov](http://www.salisbury.va.gov)

### **VA Satellite Outpatient Clinic, Winston-Salem**

190 Kimel Park Drive, Winston Salem, NC 27103

Phone: (336) 768-3296

Toll-Free: 1-800-706-9126

[www.salisbury.va.gov/locations/Winston-Salem.asp](http://www.salisbury.va.gov/locations/Winston-Salem.asp)

Hours: Monday-Friday: 8:00am – 4:00pm

### **Veterans Crisis Line**

Phone: 1-800-273-8255, Press 1

### **Veteran's Outreach Program**

223 S. Brevard St, Charlotte NC 28202

Phone: (704) 333-6107

Counseling for veterans & family.

### **Veteran's Services Office**

913 Greensboro Street, Lexington, NC 27292

Phone: (336) 242-2037

Denton Office- 310 W. Salisbury St.

Phone: (336) 242-2037, First & Third  
Wednesday- 1:30-4:30 PM;

Thomasville Office- 211 W. Colonial Dr.

Phone: (336) 474-2677

### **Veterans Transportation**

Phone: (336) 239-1513

Provides some transportation for Davidson County Veterans; call after 3pm only.

### **Warrior Bridge**

Phone: (910) 826-4699

[www.warriorbridge.org](http://www.warriorbridge.org)

Provides a broad range of services to veterans with disabilities and their families.

### **W.G. (Bill) Hefner Veterans Affairs Medical Center – Hospice Care**

Phone: (704) 647-5804 or (704) 638-9000, ext. 4128 or 4167

Is open to veterans who have an illness for which life-saving treatment is no longer practical.

## **WORKSHOP OF DAVIDSON**

275 Monroe Rd, Lexington, NC 27292

Phone: (336) 248-2816

[www.workshopofdavidson.org](http://www.workshopofdavidson.org)

Providers of vocational and life skills programs for adults with intellectual and developmental disabilities since 1964

### **Vocational Rehab**

414 Piedmont Drive, Lexington, NC 27292

Phone: (336) 249-0241

## **YMCA**

### **J Smith Young YMCA:**

119 West Third Avenue

Lexington, NC 27292

Phone: (336) 249-2177

Hours of Operation: M-Th. 5:00 am-9 pm; Friday 5:00 am – 7 pm; Saturday 7:00 am-6pm; Sunday 1:00 pm-6pm

J. Smith Young YMCA offers Fitness Centers, Indoor Pool, Gymnasium, Racquetball Courts, Locker rooms, showers, Saunas, Steam Rooms, and Whirlpools. We also offer Floor, Cycle, and Water group exercises classes and many other Wellness-related Programs. After school care, Summer Camps and childcare drop-off for workouts are also offered. Event Center is available for meeting room facilities, catered events, and social gatherings.

### **Tom A Finch Community YMCA:**

1010 Mendenhall Street

Thomasville, NC 27360

**Phone: (336) 475-6125**

**Office Hours:** M-Th, 5:30am-9:30pm; F, 5:30am-8:00pm; Sat, 8:00am-4:00pm; Sun, 2:00pm-6pm  
56,000 square feet inside and 41 acres of land.

Offers a Wellness Center for members as well as Group Floor, Water, Cycling, and Yoga classes.

Provides Afterschool and Summer Day Camp care for children, and Kid's Club while parents workout. Meeting room facilities are available to members and the public for social gatherings.

There is also a Chapel, gymnasium, and swimming pool.

## **800 & Other Numbers**

**Alcohol and Drug Helpline** – 803-313-3700

**Allergies/Asthma** - 800-222-LUNG; 800-727-8462

**Alliance for the Mentally Ill** – 800-451-9682

**American Diabetes Association-**  
[www.diabetes.org](http://www.diabetes.org) - 800-342-2383

**American Foundation for the Blind** - 800-232-5463

**American Heart Association, American Stroke Association** –800-284-6601

**American Kidney Fund** – 800-638-8299

**American Liver Foundation** - 800-223-2732

**Arthritis Foundation** - 800-883-8806

**Bureau of Alcohol, Tobacco & Firearms** -  
800-283-4867

**Carolina's Poison Center** - 800-222-1222 -  
Charlotte

**Center for Missing Persons-NC** - 800-522-5437

**Child Find Hotline** - 800-426-5678

**Child Help** (crisis counseling for abused children & abused adults) 800-422-4453

**Crime Stoppers** – (336) 243-2400

**Cystic Fibrosis Foundation** - 800-344-4823

**Department of Housing & Urban Development (HUD)** –800-669-9777

**DHHS CARELINE**-1-800-662-7030  
(English/Spanish) and 1-877-452-2514 (TTY)

**Disability Hotline of NC** - 800-638-6810

**Down's Syndrome Society** –800-221-4602

[www.ndss.org](http://www.ndss.org) or [info@ndss.org](mailto:info@ndss.org)

**Drug Abuse Hotline** - 800-662-4357

**DNA Testing**-1-800-362-2367

**Duke Regional Poison Control Center** –  
800-848-6946; 1-800-DNA-CENTER

**Easter Seal Society of NC** -800-662-7119

**Eldercare Locator** – 800-677-1116 nationwide  
contacts for services for seniors

**Eli Lilly Indigent Patient Program** –

[www.lilly.com](http://www.lilly.com) - 800-545-6962

**Epilepsy Association of NC** - 800-451-0694

**Epilepsy Information** - 800-642-0500

**Headaches** - 800-843-2256

**Home Health Complaint Hotline (NC)**  
800-624-3004

**Insurance, Health** for NC's underinsured  
children: 800-742-KIDS

**Internal Revenue Service** - 800-829-1040

**Juvenile Diabetes Foundation** - 800-533-2873

**Lawyer's Referral Service of NC** –  
800-662-7660

**Leukemia Society** - 800-888-9934

**Lupus Foundation** – 877-849-8271

[www.lupusnc.org](http://www.lupusnc.org)

**Medicaid Information** - 800-662-7030

**Medicare** -

Complaints about Care - 800-624-3004

Complaints on Medicare Supplement or

General Information - 800-443-9354

Telephone Hotline - 800-MEDICARE

[www.medicare.gov](http://www.medicare.gov)

**Multiple Sclerosis** - 800-344-4867;  
800-477-2955

**National Center for Sight** - 800-221-3004

**National Eye Care Project Helpline** - Provides  
referrals for free eye exams for people 65 & older  
on limited incomes who do not have access to an  
ophthalmologist they have seen in the past  
800-222-3937

**National Parkinson's Foundation** -  
800-327-4545

**National Runaway Switchboard** - 800-621-4000

**National Stroke Association** - 800-787-6537

**NC 2-1-1** -211 or 1-888-892-1162

[www.nc211.org](http://www.nc211.org) or

[www.unitedwaync.org/nc211](http://www.unitedwaync.org/nc211)

**NC Client Assistance Program** Information  
about rehabilitation programs in NC  
800-215-7227

**NC Lions Foundation** - 800-662-7401

**NC Medical Board** 800-253-9653

**NC Board of Physical Therapy**- 800-800-8982

**NC Travel & Tourism Information** -

800-847-4862 or 800-VISIT-NC

**NC Wildlife (Violations)** - 800-662-7137

**Piedmont Triad Regional Council Area Agency  
on Aging**

(336) 904-0300

**Prescription Medication Assistance:**

[www.needymeds.com](http://www.needymeds.com) ;

[www.myrxadvocate.com](http://www.myrxadvocate.com) – 877-331-0362

[www.prescriptionassistance360.org](http://www.prescriptionassistance360.org) -  
888-331-1002

## **Other Resources - Locally**

### **Partnership for Prescription Assistance**

**Phone:** 1-800-477-3669

Your church, your bank, your physician, your attorney, your pharmacist, your phone book, your police department, your newspaper, your hospital, and your neighbors are also excellent resources!

We hope you will find these sources helpful. This listing is not intended to be a complete listing of all the services available in and for Davidson County.

Also, if this information has been confusing and you are not sure where to turn, call Davidson County Health Department (DCHD) at (336) 242-2880.

## **Revised FEBRUARY 2017 DCHD**

If you have any corrections or additions, call DCHD Health Education at (336) 242-2880 or (336) 242-2354.